MESSAGE FROM THE PRESIDENT

On behalf of the Society, I first want to thank the many reviewers and the abstract reviewing committee of our upcoming annual meeting. They did a great effort to judge the large number of abstracts and to compile an interesting program. They reported that they did again receive very high quality abstracts and a good mixture of topics related to physical activity and nutrition behavior.

Together with the Local Organizing Team we are getting really excited about the upcoming meeting in Edinburgh, Scotland. In that regard I invite you to look into our twelve very interesting workshops and our two challenging satellite meetings. Please register timely as places are limited.

Russ Jago started his role as editor in chief of our journal and Lesley Wood is our new editorial assistant. Some changes have also been made to the editing team. You can read more details in this newsletter.

In January the executive committee had two mid-year teleconferences. I want to share a few of our thoughts. In order to further increase the involvement of our young researchers into the Society, we will elect a student member and an early career member in the executive committee and we plan to include at least one student or early career member in all our committees. Furthermore, our membership is working on further improving our mentoring program for young researchers. There will be a call for new mentors shortly.

A common concern is the financial sustainability of our Society. We currently highly depend on the income of the annual meeting, but it is of utmost importance to keep our meetings affordable. In a financially difficult climate this is a challenging balance, which we will take along in our strategic planning.

A more positive note to end with: feedback from our fellows and reports from the committees were very positive and reflected high contribution of many members.

Greet Cardon
CALL FOR LATE-BREAKING ABSTRACTS
Don’t miss the opportunity to present your work in our meeting

The call for late-breaking abstracts is open until March 27.

More information is available on our website HERE and the annual meeting website HERE.

EDINBURGH ISBNPA 2015 ANNUAL MEETING
All is being prepared for another great ISBNPA annual meeting

Hello from Edinburgh!

The Local Organising Committee had a recent meeting at the venue for ISBNPA 2015 - the Edinburgh International Conference Centre (EICC) - and plans are coming along well. The EICC is an excellent, purpose-built conference centre and we are sure that you will all appreciate the fantastic facilities they have to offer.

We are making sure that there are plenty of opportunities for our delegates to remain as active as possible while attending the meeting. For example, we have allowed for standing room at the back of conference sessions, we're going to make it easy for you to walk to the meeting and we will include active pursuits within the programme, where you can learn a few Scottish country dance steps in break times. We are also taking care to ensure that the catering served during ISBNPA 2015 meets the requirements of the Scottish Cancer Prevention Network's Healthy Meetings Scorecard. We are looking forward to a tasting in due course, so we can make sure it will both enjoyable and healthy!

At our recent meeting, we discussed the social programme and are ensuring a Scottish flavour to the proceedings. You can look forward to the Gala Dinner and Ceilidh at five star visitor attraction, Our Dynamic Earth, where you'll enjoy a delicious, healthy meal in impressive surroundings, overlooking Salisbury Crags, Holyrood Palace and the Scottish Parliament. Pre-dinner drinks will be served in the Earthscapes Galleries and after dinner, we're sure you will appreciate taking part in the ceilidh dancing, which is certain to be a memorable occasion!

We hope that you will join us in Edinburgh for what looks set to be the biggest and best ISBNPA meeting yet! Friday 27th March is a date to mark in your diary - this is the late-breaking abstracts deadline and also the early registration deadline. A special extension period of the early registration fees will be available to the accepted late abstracts. Make sure you don't miss out on the chance to participate and to register at a reduced fee!
For further information, please view the [ISBNPA 2015 website].

There will be several workshops running on Wednesday 3rd June, which you can book when you register - please [click here] for further information. There are also two Satellite Meetings running just after ISBNPA 2015 in Glasgow and St Andrews. For further information please [click here].

See you in Edinburgh in June!

Follow the twitter account from the ISBNPA 2015 Annual Meeting.

OPPORTUNITIES LINKED TO THE EDINBURGH ISBNPA 2015 ANNUAL MEETING

Other learning opportunities

The ISBNPA 2015 Annual Meeting is a partner of the following learning opportunities. Make sure you make the most of your visit to Edinburgh.

May 31 to June 2
Pragmatic Evaluation in Physical Activity and Public Health
Several leading speakers from all over the world

The first international course on "Pragmatic Evaluation in Physical Activity and Public Health" will be taking place in Edinburgh on 31st May to 2nd June 2015 - the days leading up to the ISBNPA 2015 Conference. The course aims to develop capacity in physical activity evaluation among early career researchers, practitioners and policy makers. The course will cover topics such as: planning for evaluation; conducting formative, process, impact and outcome evaluation; and complex program evaluation. Further details can be obtained on this [link].

June 2 (9am-5pm)
Applying Self-Determination Theory to Health-Behavior Interventions
Sponsored by the Self-Determination Theory Institute
Jennifer La Guardia, PhD

Self-Determination Theory is one of the leading psychological theories on motivation & a powerful cornerstone to building a successful health initiative, program or intervention. In this training you will...

**Gain a deeper understanding of SDT principles** & discover precisely why SDT provides a powerful framework for:

- Improving motivation for behavior change
- Cultivating value for important health behaviors
- Creating meaningful goal
Learn to practically apply the SDT framework in actionable ways, helping researchers and practitioners translate theory into practice.

Distinguish the SDT approach from other prominent interventions (MI, CBT, Stages of Change)

Learn how to utilize SDT in different modes of treatment delivery (including mobile health, individual, and group modalities)

Explore how SDT is synergistic with your health initiatives, program, or intervention and can help create lasting change and improved long-term health outcomes

To Learn More or Register, click here

IJBNPA news

New Editor-in-Chief

I became Editor-in-Chief in January of this year, since when it has been a very busy period! The journal is in great shape and my goal is to build on the tremendous work of Frank van Lenthe to produce a journal that is the home for the best behavioural nutrition and physical activity research.

We are currently making a number of changes to the journal, the most significant of which is the appointment of Lesley Wood to the role of journal manager. Lesley is based across the hall from me in Bristol and is responsible for the day to day functioning of the journal. Petra de Vries, the outgoing journal manager, will move onto a new position at the Erasmus Medical Centre at the end of March. We would like to thank Petra for her wonderful service to the Journal and Society and for being so helpful during the transition period. We have also been busy making a number of changes to the Editorial Team. After many years of service, Stef Kremers will step down from his position as Deputy Editor at the Annual Meeting in June and I would like to take this opportunity to thank him for his dedicated contributions to the Journal. We are delighted to report that Kirsten Davison (Harvard) and Clare Collins (Newcastle - Australia) have agreed to join Ester Cerin as Deputy Editors from March of this year. In addition Dr Niko Kaciroti (University of Michigan), Dr Jayne Fulkerson (University of Minnesota), Dr Melinda Hutchesson (Newcastle - Australia), and Dr Teresia O’Connor (Baylor
College of Medicine) will join the Editing Team as Associate Editors from March. We are very pleased that we have been able to recruit such experienced colleagues with a diverse range of skills.

We have embraced social media and are regularly tweeting from our new Twitter account (@IJBNPA). We encourage you to follow us for links to recent papers published in the journal and will also highlight an Editors' "paper of the week" as well as other papers that may be of interest but that you might have missed. Over the coming weeks, BioMed Central (our publisher) will move the journal submission system to a new platform. Although we are still awaiting the exact date of the change we hope that the transition process will be smooth and that the new system will bring many advantages to the editing team which in turn will help us to make the process of reviewing papers smoother, and will help to decrease the time taken to make decisions. This will help to ensure that our published research is as current as possible.

Finally, I wanted to stress that the goal of the entire editing team is for IJBNPA to be the home of research that is relevant to our society. To do this we need your help. Please read the papers in the journal, submit your BEST work, help us by reviewing papers, and share the work we publish with your colleagues.

Your involvement in the journal is critical to its success so please continue to submit, review, cite, and promote the work in the journal.

Russ Jago - Bristol (UK)

NEW PAPERS @IJBNPA
The latest papers published in our journal.


STAY CONNECTED
The University of Aberdeen’s Dietary Assessment Group are pleased to announce the third

Advanced Course in Dietary Assessment Methods  
26 to 28 May 2015  
University of Aberdeen

The course is designed for researchers, dietetic and nutritional practitioners and those who would like to further their training in dietary assessment methods.

Course Themes - from theory to practice:

- Dietary assessment methods
- Food composition databases
- Interpreting and evaluating dietary data
- Future of dietary assessment
- Dietary biomarkers

In addition we run the

Introductory Course on Dietary Assessment Methods  
25 May 2015  
University of Aberdeen

This course is offered prior to the advanced course with the aim of providing an introduction to the subject for those with more limited experience in the area. Knowledge of the subjects covered in the introductory course will be expected for those attending the advanced course.

These courses have been developed and run by The University of Aberdeen dietary assessment team who are a group with a wide range of experience including staff from the Public Health Nutrition Research Group, the Musculoskeletal Research Group and the Rowett Institute of Nutrition and Health.

For further information on both courses please visit the acdam homepage.

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