Hi Deanna!

As stated by the President's Message, ISBNPA is quickly approaching its 10th birthday. Melbourne will be the perfect place to celebrate this important date. To better know our colleagues from Melbourne we added a "Meet your Neighbour" section about the C-PAN, a leading research unit from our field of interest in Australia. Lastly, elections for the 2011-2012 ISBNPA Executive Committee are now underway. Be sure to vote!

Read ahead and keep contributing to ISBNPA activities.

Message from the ISBNPA President

Dear ISBNPA members and colleagues,

We are quickly approaching the Melbourne meeting and the 10th anniversary of the ISBNPA. Ten years is quite a long time in the life of an organisation, and the anniversary provides a nice opportunity for looking back and reviewing what we have achieved during this decade.

One solid and proud achievement of the society is the launch and development of the International Journal of Behavioural Nutrition and Physical Activity (IJBNPA) into one of the leading journals in the field. In their first editorial, launching the journal in February 2004, the editors Simone French and Tony Worsley stated that "The IJBNPA seeks to encourage and disseminate novel and innovative research on physical activity and eating behaviours". They emphasised the unique aspects of the journal in its international focus on the behavioural aspects of nutrition and physical activity, the
inclusion of multiple levels of analysis, and its inclusion of epidemiology, behavioural, theoretical and measurement research areas. Furthermore, the IJBNPA were to have a strong international perspective soliciting papers from a variety of cultural settings.

Seven years later, it is clear that the vision of a leading journal in the field has been achieved. The high number of paper submissions, the thorough and rapid review process, and the high quality of the published papers all speaks to the journal's success. As does the numbers: total numbers of published papers up from 17 in 2004 to 93 in 2010, an official impact factor of 2.63, and a high number of 'Highly accessed' papers in each volume (with Mary Story and Simone French's paper on "Food Advertising and Marketing Directed at Children and Adolescents in the US" having been accessed more than 240 000 times since its publication in 2004).

This success is due to the hard and capable work of the previous and current editorial teams, all members serving on the editorial board and as reviewers, and to all those of you who continue to submit your high quality papers to the IJBNPA. A warm thank you to you all!

The upcoming anniversary also provides an opportune time for looking ahead and setting goals for the years to come. This will be an important discussion during the Melbourne meeting. A meeting that in itself speaks to the achievements of ISBNPA with its strong scientific programme, a (most likely) record breaking number of participants, and - of course - the most fun event of the year! Welcome!

Knut-Inge Klepp

ISBNPA 2011 Annual Meeting
Ready to go: Melbourne meeting

Our colleagues in Melbourne are making the final arrangements to the 2011 ISBNPA conference.

Go to www.isbnpa2011.org for the latest news on the scientific program and social activities.

If you are visiting Australia be sure to prepare your travel - visa included - on a timely manner.

See you down under...

Meet your Neighbor

Centre for Physical Activity and Nutrition Research, Deakin University, Australia

"If we could give every individual the right amount of nourishment and exercise, not too little and not too much, we would have found the safest way to health" (Hippocrates 460-377 BC).
The Behavioural Epidemiology Group within the Centre for Physical Activity and Nutrition Research (C-PAN) at Deakin University was established 10 years ago, and at that time comprised only four staff. Over the past decade the group has grown significantly and now comprises approximately 60 staff and research students.

Our team has backgrounds in nutrition and dietetics, exercise science, psychology, geography, epidemiology, biostatistics, health promotion and public health. Our senior staff include Kylie Ball, Karen Campbell, David Crawford, Kylie Hesketh, Sarah McNaughton, Jo Salmon, Anna Timperio and Tony Worsley.

We have a strong focus on capacity building and currently our postdoctoral staff include Adrian Cameron, Alison Carver, Clare Hume, Sandrine Lioret Suteau, Natalie Pearson, Nicky Ridgers, Marita Sodergren, Lukar Thornton, Jenny Veitch and Lauren Williams - several of whom have recently joined us from overseas.

Our mission is to understand the role of nutrition and physical activity in chronic health conditions and to develop strategies to enhance population health by improving nutrition and increasing physical activity to optimal levels. In adopting a behavioural epidemiology approach we seek to provide evidence: regarding the important determinants of eating, physical activity and sedentary behaviours; to inform the development of population-based initiatives; regarding the effectiveness of intervention programs aimed at improving eating and physical activity behaviours.

We have a large program of research in hand, but our key areas of focus include:
• Assessment of diet and physical activity, and their determinants
• Nutrition and physical activity across the lifespan
• Family influences on children's eating and physical activity
• Socio-economic differences in diet and physical activity
• Neighbourhood-level influences on behaviour (contextual influences)

Our research involves aetiological studies - usually cohort studies, intervention trials, and the translation and dissemination of our findings via key stakeholders.

We have strong collaborative links nationally and internationally, particularly with Hans Brug and his colleagues at the EMGO+ Institute in Amsterdam. Over the past five years the two groups have forged a strong and productive collaborative relationship that involves an active staff exchange program. This is a collaboration that developed via the annual ISBNPA conferences, and it has been just one many benefits of being associated with ISBNPA.

C-PAN is hosting the 2011 ISBNPA meeting in Melbourne in June this year - we look forward to seeing you there.

David Crawford

Contribution to the newsletter content

Job Positions
Be sure to check the ISBNPA website for current position openings around the world. If you would like to post a job position, please contact Sandra Evans at Alexandra.E.Evans@uth.tmc.edu.

ISBNPA Website
We are adding new content to the ISBNPA website on a weekly basis. Please bookmark the site and visit it frequently! Contact Sandra Evans at Alexandra.E.Evans@uth.tmc.edu if you have any ideas for website content.

Other contributions
If you would like to contribute stories or information that would be interesting to ISBNPA members (conference updates, funding opportunities, etc.) to the ISBNPA newsletter, please contact Antonio Palmeira, Newsletter Editor, at antonio.palmeira@ulusofona.pt or Deanna Hoelscher at Deanna.M.Hoelscher@uth.tmc.edu.

Job Posting

Chair in Human Nutrition, Deakin University, Australia
The School of Exercise and Nutrition Sciences at Deakin
University is seeking to appoint a Chair in Human Nutrition. We are seeking a senior and experienced nutritionist who is focused on chronic disease treatment and/or prevention who can lead world-class research in these areas, and play a role in our teaching programs.

Full details of the position can be found at Deakin University's Human Resources website:


Enquiries should be referred to David Crawford: david.crawford@deakin.edu.au

Upcoming ISBNPA Annual Meetings

Be sure to mark your calendars for upcoming ISBNPA meetings:

**ISBNPA 2011 Annual Meeting**
Melbourne, Victoria, Australia June 15-18, 2011. For more information, please see the conference website at:
http://www.isbnpa2011.org/

**ISBNPA 2012 Annual Meeting**
Austin, Texas, USA Mat 23-26, 2012. For more information, please see the conference website at:
http://www.isbnpa2012.org/

Upcoming Scientific Meetings

Here are other scientific meetings in the field of behavioural nutrition and physical activity taking place soon

**ACSM’s 58th Annual Meeting and 2nd World Congress on Exercise is Medicine**
May 31 - June 4, Denver Colorado, USA
More information at:
http://www.acsmannualmeeting.org/

**13th European Congress of Sport Psychology**
July 12-17, 2011 Madeira - Portugal
More information at:
http://www.fepsac2011madeira.com/

**Obesity 2011, 29th Annual Scientific Meeting**
October 1-5, Orlando, Florida
More information at:
http://www.obesity.org/meetings-and-events/annual-
Latest Articles in IJBNPA:


We appreciate your involvement in ISBNPA!
The Newsletter Team
Deanna M Hoelscher, ISBNPA Secretary
International Society of Behavioral Nutrition and Physical Activity
Email: deanna.m.hoelscher@uth.tmc.edu
Phone: 512-482-6168

Pam Rolfes, ISBNPA Office
300 33rd Ave. S., Suite 101
Waite Park, MN 56387
Email: pam@togpartners.com
Phone: 320-224-0154

António Palmeira, Newsletter Coordinator
Universidade Lusófona Humanidades e Tecnologias (Portugal)
Email: antonio.palmeira@ulusofona.pt

Forward email

This email was sent to deanna.m.hoelscher@uth.tmc.edu by antonio.palmeira@ulusofona.pt | Update Profile/Email Address | Instant removal with SafeUnsubscribe™ | Privacy Policy.

International Society of Behavioral Nutrition and Physical Activity | www.isbnpa.org | Houston | TX | 77030