Hi Deanna!

The Executive Committee is working hard to make 2012 another great year for ISBNPA. For starters, ISBNPA has established its first Special Interest Group. But there is much more, so see all the good news below.

Additionally, we have plenty of information about the 2012 Annual Meeting in Austin, Texas. Book your place by submitting an abstract (or more). You can already submit your work at the meeting website. And while you are there check out the pre-conference workshop on "Parenting Measurement: Current Status and Consensus Reports".

Read on to find out more about the 2012 Annual meeting and other things that are going on at ISBNPA.

MESSAGE FROM THE ISBNPA PRESIDENT

Dear ISBNPA members and colleagues,

It is difficult to believe it is November already! Many of you will have already submitted your symposium proposals for the Austin conference and I am sure the rest of you are starting to put together your abstracts for free papers (orals or posters) for Austin. It is clear from our regular monthly Executive Committee teleconferences that the conference is shaping up well. The scientific and social programs, and the preconference workshops will be stimulating and exciting, and so I encourage you to start planning your trip to Austin now.
In addition to planning for the 2012 conference the ISBNPA Executive Committee has been considering what it can do to further enhance the benefits to members. A number of initiatives are being discussed, including the launch of Special Interest Groups and increased opportunities for early career researchers to draw on the expertise of more established researchers. You can expect to hear more about these and a range of other new activities in our next newsletter. If you have ideas about what more the Society can do for you, please drop me a line.

David Crawford

MESSAGE FROM STUART BIDDLE

Golf, Blues and the ISBNPA Presidency

Stuart Biddle
ISBNPA president in 2009-2010

Two important things I like to do in my leisure time are play golf and listen to blues music, sadly never at the same time. As a result, in writing this short reflective piece on my time as President for ISBNPA for 2009-2010 I was desperately trying to think of some obvious links to both. I have probably failed, but here goes with a few tenuous connections and metaphors for ISBNPA:

- Golf is a sport that takes about 4 hours to play and can drive you mad with frustration, so why play it? This reminds me of taking on the role of ISBNPA President! We all have busy and complex lives, so why take on something extra that adds to the workload when you are already committed to many other things? Good question! However, like many of these things there are multiple reasons, such as trying to make a contribution to a field of study and profession, especially a relatively new one such as ours, enjoying the professional and social interactions with great colleagues, and learning more about our areas. Moreover, we are still quite a small and focussed society, and many feel that this is a good thing. At our conference we should be able to meet or see everyone we want to and listen to many presentations that take our interest. Like golf, the frustrations of taking on the additional roles are far outweighed by the benefits!

- If you want to be good at golf, you must practice and always seek to learn new ways to improve. I hope we have done that in ISBNPA this past year. We have had a great Executive Committee that is constantly
seeking ways to build the society and find better ways of working. For example, we have been looking at best ways to organise the annual conference, ways to manage society/committee workload etc. It's been nice to be part of that.

- So, what about 'the blues'? Here are some blues-related songs that connect to ISBNPA, in my view:

- 'Early every morning': that's me - that's when I get things done and catch up on ISBNPA work!
- 'So excited': that's what we should aim for as the conference programme is put together. Let's excite members with what we can offer. Be excited to interact with ISBNPA.
- 'I'm moving on': no, I'm not! I am no longer President but I will continue to support and work for ISBNPA.
- 'She's dynamite': good descriptions of the women who have done fantastic 'dynamic' work for ISBNPA on the EC during my time (this is not meant as a sexist remark but I couldn't find the equivalent for the guys!).
- 'Come rain or come shine': let's promote our society whatever! It also reminds me of Minneapolis in 2010, sadly mainly rain!
- 'Baby please don't go': stay with ISBNPA and renew your membership!
- 'Bright lights, big city': see you in Austin 2012!
- 'I saw the light': I joined ISBNPA!
- 'Rambling on my mind': former ISBNPA President's newsletter articles!

It has been my honour to serve as the 8th President of ISBNPA and I know we are in capable hands. With best wishes and see you in Austin for the next Congress.

Stuart Biddle
Loughborough University, UK

ISBNPA ANNUAL MEETING 2012

Preparations for the 2012 ISBNPA conference in Austin are well underway. We welcome you all to come to this meeting and present your best work.

There are many good reasons to come to the 2012 ISBNPA conference May 23-26, 2012, in Austin, Texas. Check out the top 10 reasons to come to ISBNPA 2012!

1. The science! ISBNPA is the premier organization for research in behavioral nutrition and physical activity. We have 5 workshops prior to the meeting, 6 excellent keynote speakers, and outstanding symposia already planned, as well as a preconference meeting. For more information on the meeting, see ISBNPA 2012.

2. Breakfast tacos. Austin has the best anywhere in the world. I've looked. Come to the conference and I'll share
my secret list.

3. **Live Music.** Most people come to Austin for the live music, but I actually think the tacos are worth the trip.

4. **Whole Foods.** You have to see their grocery store downtown. 80,000 sq feet of organic food and culinary delights.

5. **Outdoors.** Austin has 16,000 acres of parks, trails, and greenbelts. Plus an exercise friendly Lady Bird lake is right downtown!

6. **Sup Austin.** Have you ever paddle boarded?

7. **Esther’s Follies.** The funniest political satire, magic, music, variety show you will see anywhere.

8. **Tons of restaurants.** Tex-Mex, Mexican, Organic, local grown, slow food. Graze your way through incredible (and healthy) food.

9. Austin is home to the **University of Texas** flagship university. Check out a baseball of softball game.

10. **Austin is home to Michael & Susan Dell.** Great people. Great philanthropists. Great company. The Michael & Susan Dell Foundation created the Michael & Susan Dell Center for Healthy Living, the conference hosts.

Deanna Hoelscher,
President elect
Host and organizer of the ISBNPA 2012 meeting

Abstract Submission for the 2012 Meeting is Now Open

We now welcome submissions of abstracts for oral and poster presentations in any area of behavioral nutrition and/or physical activity research and practice, for the 2012 ISBNPA annual meeting. The conference language is English. All abstracts for the ISBNPA 2012 meeting must be submitted online at [http://abstracts.isbnpa.org/](http://abstracts.isbnpa.org/).

The deadline for the abstract submission is Friday, December 16, 2011.

Abstracts can be submitted as either paper or poster presentations. The deadline for late-breaking abstracts is March 2, 2012 and late-breaking abstracts will only be accepted as poster presentations.

**ISBNPA 2012 Pre-Conference Workshop**
"Parenting Measurement: Current Status and Consensus Reports"
SOLICITATION OF ABSTRACTS FOR POSTER PRESENTATIONS

This year, we have a pre-conference workshop on "Parenting Measurement: Current Status and Consensus Reports" as satellite to the main meeting. This workshop will take place on May 20-22, 2012 in Houston, Texas and can accommodate a maximum of 100 attendees.

This workshop provides an excellent opportunity to learn and discuss about critical issues in the research and measurement of parenting styles and practices regarding dietary, physical activity and sedentary behaviours. The purpose of the workshop is to help move the field of parenting research forward. There will be several presentations, but also the formation of action groups to take the next steps in developing and validating new measures.

You can see more information and download a copy of the program here.

The rationale for the workshop is that research on health promotion parenting is constrained by measures that differ in definitions, component constructs, and numbers and types of items. Conflicting findings in the literature may be due to differences in measures. Research on parenting aspects of child obesity prevention will more rapidly advance when consensus and validated measures are available.

SOLICITATION: We are planning on 50 poster presentations at this meeting. Abstracts should address an issue in the measurement of parenting style or practices in general or in regard to diet, physical activity or sedentary behavior. We will place priority on abstracts that psychometrically test or validate new measures, compare measures, or reanalyze new or existing measures, especially with innovative techniques (e.g. confirmatory factor analysis, item response modeling).

Please use the abstract submission form and guidelines from the ISBNPA 2012 meeting. Abstracts should be 250 words or less. Please submit your abstract to our email address at measuringparenting@bcm.edu.

We look forward to hearing from investigators interested in advancing the measurement of parenting style and practices in regard to diet, physical activity or sedentary behavior.

The Preconference Committee
  Tom Baranowski, PhD
  Janice Baranowski, MPH, RD
  Alicia Beltran, MS
  Leslie Frankel, PhD
  Sheryl Hughes, PhD
  Jason Mendoza, MD, MPH
  Theresa Nicklas, DrPH
Meet Your Neighbor
If you are interested in knowing more about the group who organizes the pre-conference workshop on "Parenting Measurement: Current Status and Consensus Reports", you can visit the ISBNPA website, where Tom Baranowski's group is now featured in the meet your neighbour section.

NEW AT ISBNPA
Special Interest Group on Socioeconomic Differences

NEW AT ISBNPA: Special Interest Group (SIG) on Socioeconomic Inequalities in nutrition, physical activity and sedentary behaviours

ISBNPA has now established its first Special interest group.

The SIG is focused on socioeconomic inequalities in nutrition, physical activity and sedentary behaviours. The Socioeconomic Inequalities SIG has been established to:

- Serve ISBNPA members as a 'community' with an interest in exchanging and advancing knowledge into the socioeconomic inequalities in nutrition, physical activity and sedentary behaviours.
- Provide a forum for researchers with shared interests and expertise in socioeconomic inequalities in nutrition, physical activity and sedentary behaviours to exchange views, disseminate information, provide support, promote research, and encourage and organise activities such as symposia or workshops at the annual meeting.

The SIG has been established, and will be initially convened, by Professor Kylie Ball, past-President and Fellow of the ISBNPA, and Associate Professor Frank van Lenthe, current editor of the Society's journal (IJBNA). We welcome any members interested in research in these areas. Membership is free. Any member of ISBNPA can join the SIG, by simply checking the appropriate box when joining the ISBNPA or renewing membership.

The main activities of the SIG will include:

- an emailed 'knowledge update' to members of new research, news or resources relating to socioeconomic inequalities in nutrition, physical activity and sedentary behaviours;
- online forums for discussion/information sharing amongst members;
- opportunities for a social get-together at the annual meeting

Once membership is established in early 2012, we will
undertake a short member survey to hear about your ideas on how to make a vibrant and useful SIG. In the meantime if you have any suggestions please feel free to email kylie.ball@deakin.edu.au.

We look forward to welcoming you to the SIG!
Kylie Ball

ISBNPA MEMBERSHIP NEWS

It is now time to renew your ISBNPA membership

We thank our current and future members for your continued support of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA) and our various programs.

We are now accepting 2012 membership dues. Dues received after November 1, 2011 will provide membership for the full 2012 calendar year. After January 1, 2012, you will only receive membership for the remainder of 2012, so you maximize your benefits by renewing now.

ISBNPA recently celebrated its 10th anniversary and for the first time it is increasing membership dues.

- 2012 dues for full members will be $200.00.
- Student membership is $100.00.
- And we have instituted a new dues rate for members currently residing in lower income countries as designated by the World Bank; $100.00.

What are you paying your membership dues for?
Your dues help support the mission of the society and advance international scholarship in behavioral nutrition and physical activity. In addition, your dues support our annual conference, the International Journal of Behavioral Nutrition and Physical Activity, and our other programs including our outreach to investigators in under-represented countries and our support of young investigators.

Which benefits do you get in return?
Members are eligible for a reduced conference registration fee. Members also pay lower publication fees in the International Journal of Behavioral Nutrition and Physical Activity (you must be a member at the time you submit the manuscript). Members have access to the ISBNPA newsletter, selected workshops and keynote addresses from previous meetings, the Special Interest Group on socioeconomic differences and the ISBNPA membership list. Membership dues also support reduced conference fees for investigators and students from under-represented countries.

By maintaining your membership you continue as a member of a robust society of cutting-edge international scholars and colleagues.
We thank you for your support of the society and look forward to hearing from you during the coming years and to seeing you at the 2012 ISBNPA meeting in Austin, Texas, USA.

Ron Iannotti (Treasurer)
Jenny Veitch (Membership committee)

EARLY CAREER RESEARCHER NEWS

The Early Career Researchers (ECR) network will be holding a one-day workshop on Wednesday 23 May, immediately prior to the 2012 ISBNPA meeting in Austin, Texas, USA. This workshop will be geared specifically to ECR's and will foster and promote ECR's within the society and provide an opportunity for ECR's to learn from experienced researchers in their field on a range of issues such as career progression, developing collaborations and getting published. A key objective of this workshop is to provide networking opportunities with other ECR's within ISBNPA. Please consider attending this workshop.

At the 2012 ISBNPA annual meeting in Austin, Texas the Early Career Researchers (ECR) network will also be holding a lunchtime mentoring session. In this session, ECRs will be able to meet with experienced researchers in their field to discuss issues such as career direction, as well as offering networking opportunities for both ECRs and senior researchers. Keep this session in mind when planning your tip to Austin.

Jenny Veitch

ISBNPA ADVOCACY COMMITTEE

According to the Mission Statement of ISBNPA, as an organization, we "promote and advocate for innovative research and policy in the area of behavioral nutrition and physical activity toward the betterment of human health worldwide". Thus, in order to strengthen the international, as well as regional and national focus on health-promoting policies and funding regarding behavioral nutrition and physical activity, the ISBNPA Executive Committee (EC) has reestablished its Advocacy committee.

The goals of the Committee are threefold: to advocate for health-promoting behavioral nutrition and physical activity policies based on the best available scientific evidence; to advocate for sustained funding to advance the science of behavioral nutrition and physical activity; and to train society members to become more effective advocates of behavioral nutrition and physical activity research and policy. Among other activities the Advocacy Committee will write commentaries on articles published in IJBNPA and write position papers for inclusion in the journal, will train members to become advocates, and sponsor a symposium for advocating policy and/or funding of behavioral research at annual meetings.
Executive Committee member Leslie Lytle heads the committee. Other members of the committee represent a variety of disciplines and countries: Knut-Inge Klepp from the Department of Public Health and Nutrition, University of Oslo; Steven Kelder from the University of Texas School of Public Health, USA, Shawn Somerset, from the School of Public Health Griffith University, Australia; and Diana Fernandez, Department of Community and Preventive Medicine, University of Rochester, USA.

Leslie Lytle and Diana Fernandez

CONTRIBUTION TO THE NEWSLETTER CONTENT

Job Positions
Be sure to check the ISBNPA website for current position openings around the world. If you would like to post a job position, please contact Pam Rolfes at pam@togpartners.com.

ISBNPA Website
We are adding new content to the ISBNPA website on a weekly basis. Please bookmark the site and visit it frequently! Contact Pam Rolfes at pam@togpartners.com if you have any ideas for website content.

Other contributions
If you would like to contribute stories or information that would be interesting to ISBNPA members (conference updates, funding opportunities, etc.) to the ISBNPA newsletter, please contact Antonio Palmeira, Newsletter Editor, at antonio.palmeira@ulusofona.pt or Anke Oenema at a.oenema@maastrichtuniversity.nl.

UPCOMING SCIENTIFIC MEETINGS

Here are some scientific meetings in the field of behavioural nutrition and physical activity taking place soon:

European Congress on Obesity 2012
Lyon, France, May 9-12
http://www.easo.org/eco2012/

ISBNPA 2012 Annual Meeting
Austin, Texas, USA May 23-26, 2012. For more information, please see the conference website at: http://www.iemshows.com/isbnpa2012/

ISBNPA 2013 Annual Meeting

Latest Articles in IJBNPA:


We appreciate your involvement in ISBNPA!

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