Dear Deanna,

This is the first 2012 ISBNPA newsletter. We have changed its design (feedbacks are welcomed) and we are thrilled to show you all the news about the 2012 Annual Meeting. We are also becoming a part of the social network movement so we invite you to read on and learn about our activities.

The Newsletter Team

Message from the President

Dear ISBNPA Members,

It is now only a few months until we gather in Austin, Texas for the 11th Annual Scientific Conference. Having spoken recently with Deanna Hoelscher, who is chairing the local organizing committee, and having had a 'sneak-peak' at the draft program for the conference, I can promise you it will be fantastic meeting. In addition to the opportunity to hear about the best science in the field internationally, the local organizers have put together an exciting social program. So don't miss it - register now!

As well as focusing on the Austin meeting, your ISBNPA Executive Committee has been working to institute changes to ensure we continue to run the society as efficiently as possible, while providing you with value for money for your membership. In the event you have not had a look at our website recently, let me remind you of the benefits you receive:
* Discount registration rate at ISBNPA Annual Meeting
* Journal Publication at a reduced rate
* Special Interest Groups
* Opportunities to interact and network with the leading specialists in the field
* Society Newsletter
* A chance to be a part of the ISBNPA community
* Eligibility to participate in ISBNPA elections
* Early Career and Student Awards
* Early Career Workshops
* Searchable Membership and Jobs Directory

So if you have not done so already, please take steps to renew your membership now! It is also timely to remind you that there is currently a call for nominations to join the ISBNPA Executive Committee, as well as a call for Co-Editors of the society's journal, IJBNPA. These provide you with an opportunity to influence the field of behavioral nutrition and physical activity, and I encourage all members to consider nominating.

I look forward to seeing you in Austin.
ISBNPA Annual Meeting 2012 in Austin

Early Bird Registration for ISBNPA now Open

Now that the plans for ISBNPA 2012 are finished, it's time to register for an exciting and stimulating conference. Early Bird Registration is now open until March 2, so register early to get the best rates. Registration can be found at: [http://www.isbnpa2012.org](http://www.isbnpa2012.org). Remember that members get the best rates, so be sure to renew your ISBNPA 2012 membership at: [http://www.isbnpa.org/](http://www.isbnpa.org/) before you register. Keep in mind that registration fees for the entire week include all sessions, an opening reception at the Bob Bullock State History Museum, three lunches, and two wine receptions for e-Posters. One-day registrations are also available this year. New for this year are continuing education credits for Registered Dietitians. Attending the meetings and workshops will entitle you to over 25 hours of CE.

*Deanna Hoelscher*
Chair of the local organizing committee

Late-Breaking Posters

Do you have recent research that you would like to present at the ISBNPA Annual Meeting? There is still time. We are accepting submissions for late-breaking abstracts until March 2, 2012. These abstracts will be shown in a special 'late-breaking session' and will be regular posters only. Submit your abstracts at [https://secure.isbnpa.org/abstracts](https://secure.isbnpa.org/abstracts).

Watch for the scientific program, which will be coming out in mid-February!

Workshops on May 23

Join us on Wednesday, May 23, for one of the following full or half day workshops! Half day workshops are $60 for members, $75 for non-members. Full-day workshops run from 8:30am to 4:30pm and are priced at $110 / $125, for members and non-members, respectively. Register for one of these workshops now.

Early Career Researcher

The following highly regarded international researchers will present various sessions throughout this one day workshop: Hans Brug, Tom Baranowski, Ilse De Bourdeaudhuij, Stewart Trost, Charlie Foster, Nanna Lien, Catrine Tudor-Locke and Jennifer Linde. Full-Day You can find more information about this pre-conference workshop on
Systematic observation of physical activity and its 7 hours contexts in park and recreation settings: Observational research with children 0-5 years of age
Full-Day
Lead Instructors: Eric Hodges/Thom McKenzie

Improving the food environment by working with small and medium-sized food stores: Rapport-building, intervention approaches and evaluation.
Morning Session 8:30 AM - 12:00 PM
Lead Instructor: Melissa Laska

Planning and evaluating sedentary behavior interventions.
Morning Session 8:30 AM - 12:00 PM
Lead Instructor: Stuart Biddle

**The following two workshops are offered as either a half or full-day workshop**

New Technology to Assess Physical Activity
Morning Session 8:30 AM - 12:00 PM
Lead Instructor: Patty Freedson

Emerging Technologies for Assessing Environmental Influences on Physical Activity: A demonstration of methods and applications
Afternoon Session 1:00 PM - 4:30 PM
Lead Instructor: Scott Duncan

For students

The planning committee is looking for student volunteers to assist in various logistic tasks during the 2012 ISBNPA Annual Meeting in Austin. Student volunteers must volunteer for one full conference day and may attend the remaining two days for half price. Volunteer responsibilities include:
- Registration
- Running notes
- Assistance during presentations
- Poster set-up and clean-up

To qualify students must:
- Be enrolled in an undergraduate or graduate degree program
- Complete the volunteer application
- Have one faculty mentor complete a faculty mentor recommendation form. If you are interested, you can complete the application form by clicking on this link. Applicants need one reference from a faculty mentor. The mentor recommendation can be accessed via this link.

Additionally, all volunteers are responsible for finding their own accommodation during the conference. If you have any questions please contact Samantha Weiss.

ISBNPA 2012 Pre-Conference Workshop "Parenting Measurement: Current Status and Consensus Reports"

We are happy to report that we have scheduled nine speakers on diverse aspects of parenting styles, and diet, physical activity and media parenting practices. We have accepted 30 abstracts for poster presentations. Four working groups will meet during the conference to formulate plans to advance the measurement of parenting styles and practices and continue discussions after the conference. You can
download the program from the meeting website here. If you have any questions please contact Janice Baranowski.

We look forward to seeing you in Houston May 20-22, 2012.

The Pre-Conference Planning Committee

Follow ISBNPA on Twitter and Facebook

I am happy to announce that it is now possible to follow ISBNPA on Twitter and later this month also on Facebook. We will spread news about the conference, new articles that are published in IJBNPA, information about the society and relevant information on research, policy and advocacy in the area of behavioral nutrition and physical activity through these media. We would like to invite you all to follow us on Twitter and become a friend of ISBNPA on Facebook and send messages through to others. In this way we can promote the society and the important work that we do even further. If you have any suggestions for news to spread through these media, or comments, please send me a note.

Anke Oenema,
ISBNPA Secretary

Special Interest Group (SIG) on socioeconomic inequalities in nutrition, physical activity and sedentary behaviors

Thank you to all those who signed up recently for our Society’s first Special Interest Group (SIG). We so far have a total of 56 members, which indicates strong interest in this area and bodes very well for an active, well-subscribed SIG! We will shortly be circulating our first communication to members, and look forward to welcoming everyone and fostering a vibrant network of researchers interested in socioeconomic inequalities research. Remember, joining the SIG is free for members, and can be done via the ISBNPA website.

Kylie Ball and Frank van Lenthe,
SIG conveners

Meet your neighbor

* What is the name of your group?
Physical Activity and Health Group; Institute of Human Performance,
The University of Hong Kong
* Where are you located?
Hong Kong, Hong Kong Special Administrative Region, PR China

* What is something interesting or unusual about your City/Town?
_Ester_: Hong Kong is one of the safest and most walkable metropolises I've ever visited. It has a fantastic public transport network and, believe it or not, hundreds of kilometers of trails and, at the same time, pockets of the most densely-populated urban areas in the world.

_Ali_: Hong Kong is an amazing city - it just exudes life. I arrived in 1994 having never lived in a big city and the buzz of Hong Kong was simply infectious. What is truly remarkable is how safe Hong Kong is. I would never consider travelling home alone late at night on public transport in London, but would take a night bus, then walk the 10 mins in the dark home without a second thought here. At times Hong Kong can be a crazy place - congested, polluted, noisy, smelly - but the craziness is what keeps this great city pulsating.

_Robin_: The most interesting feature of Hong Kong to me, are the markets, which trade everything one could desire from fabric to flowers!

* Who are the members (name, degree(s), research focus) in your group?
_Ester Cerin_, PhD; BSc (Hons) in Psychology, PhD (Sport and Exercise Psychology), MSc (Statistics); Research focus - Environmental determinants of obesity-related behaviors; mechanisms of behavior change; applications of advanced statistical methods

_Ali McManus_, PhD; Bachelor of Arts (Education) Specialism: Physical Education & Biology; Masters in Medical Sciences; Specialism: Paediatrics; PhD Paediatric Exercise Physiology

_Robin Mellecker_, PhD; BSc (Hons), PhD; Research focus - Physical activity and health in children

* Tell us about the research conducted by your group
_Ester_: The main focus of my research is on exploring the effects of the built and social environment on physical activity behavior and health outcomes. In collaboration with international research teams, I have studied associations of aspects of the neighborhood environment with physical activity and obesity in Australia, USA, and Hong Kong. I am currently leading four research projects in Hong Kong on environments, physical activity, and health outcomes in various age groups spanning from early childhood to late adulthood. Part of my work has focused on the dissemination of state-of-the-art statistical methods and approaches for the analysis of environmental influences on health-related behaviors and outcomes, and their underlying mechanisms (mediators). This has gained me the role of chief analyst on two multinational NIH-funded studies on adults and adolescents. I also collaborate with research teams from Australia on physical activity randomized controlled trials in primary school children and older adults.

_Ali_: My research expertise revolves around the role exercise and free-living physical activity play in the health and wellbeing of children, and specifically in the obese child. I am interested in tracking the prevalence of childhood obesity and in identifying the role physical activity and exercise play in the aetiology of excessive adiposity. Developing novel exercise intervention strategies for the prevention and treatment of metabolic and cardiovascular dysfunction in childhood is a priority, as is the creation of a comprehensive understanding of the mechanisms by which adaptations to exercise occur in the lean and obese child and adolescent.
Robin: My current research extends from the findings in my PhD thesis. I am continuing my pursuit to find interesting and innovative ways to encourage children to become more active. With the use of active gaming technology, I am embarking on discovering the effects of exerlearning on physical activity habits, fat oxidation levels whilst exergaming and the social influences of exergaming on physical activity.

See the ISBNPA site for a list of publications from this group.

Ester
All
Robin

IJBNA

The journal of our society, IJBNA, is doing very well. In the past ten years that the journal exists it has reached several milestones. After years of being tracked for an official impact factor, we received our first official impact factor in the summer of 2010 (2.64) and this even increased to the current impact factor of 3.17. Where we celebrated to have had 200 submissions in 2009, we received a record number of 452 papers in 2011. It allows us to publish high quality papers, and we would like you all to consider IJBNA for submitting your high quality empirical research, systematic reviews, or debate papers. With our open access approach, you can reach many colleagues all over the world. Members of ISBNPA get a discount for publishing in the journal.

We have had the privilege to have professors Bente Wold and Bob Jeffery as editors serving for the journal. After many years, they have decided to step down in their function. The society and the journal in particular owe them a lot, and they deserve a very warm thank you for their great effort!

As a result of the rapid increase in the number of submissions, in combination with two editors leaving the journal, the IJBNA editorial team with Frank van Lenthe as Editor-in-Chief and Ester Cerin and Stef Kremers as co-editors is now looking for

three Co-Editors

Suitable candidates should have:
- substantial experience in publishing in high quality journals;
- substantial experience in reviewing scientific papers for high quality journals;
- preferably experience as member of an editorial board, most likely but not exclusively the IJBNA editorial board;
- time to spend at least 1-2 hours per week on the journal.

Preference will be given to candidates who express a willingness to serve the team for a period of at least 2-3 years. Given the composition of the current team, candidates from the US, Canada, and Oceania are particularly invited to react.

If you are interested in a position as associate editor for IJBNA you can write a brief expression of interest to the chair of the ad-hoc selection committee, Dr. Frank J. van Lenthe. He can also be contacted for any additional information. Deadline for application is February 15, 2012.

Frank van Lenthe
Editor-in-Chief IJBNA

Call for nominations for the election of ISBNPA officers
The ISBNPA EC has vacancies for the position of President-Elect (2012-2013) and three Members-at-Large (2012-2015) this year. All regular members of the Society can now nominate candidates to be considered by the Nomination Committee. A slate of candidates will be submitted for ballot in March 2012. If you have not yet nominated candidates, you can do that by completing the survey monkey nominations form, no later than February 24 2012.

In keeping with the international basis of the ISBNPA and its focus on behavioral nutrition and physical activity, we expect that you will consider these two important aspects in your suggestions.

As you think about your proposed nomination(s), please consider that service on the ISBNPA Executive Committee requires a commitment of time, talent, energy and creativity to advance our goals and mission. The rewards are enormous. EC leadership positions bring opportunities to make a lasting difference for our members and for the fields we serve. Self-nominations are accepted.

Sincerely,

Knut-Inge Klepp,
Nominations Chair

The Newsletter Team

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