Message from the President

ISBNPA Friends and Colleagues,

Almost a year has passed since our meeting in Melbourne - where did that time go? For the organisers of our 2012 Austin meeting I can answer that - much of their time over the past 12 months has been invested in putting together a fantastic scientific program and arranging an excellent conference venue. The meeting in Austin promises to be another great one for ISBNPA, with well over 500 participants from across the globe. I would like to thank Deanna Hoelscher and her team in advance - I have been privy to many of the arrangements for the conference and I know those attending will not be disappointed.

Another group that has been working exceptionally hard on behalf of the ISBNPA membership is the journal's editorial team, ably led by Frank van Lenthe. You may be aware that Bente Wold and Bob Jeffery have recently stepped down as Associate Editors after both serving for many years. I would also like to thank them for their time and effort on our behalf. The journal is in fantastic shape, providing an excellent outlet for those of us interested in behavioural nutrition and physical activity to disseminate our findings. Because IJBNPA is now one of the leading journals in the field the number of papers being submitted has increased dramatically. As a result we have appointed four additional Associate Editors, Tom Baranowski, Kirsten Davison, Russ Jago and Anna Timperio, to support the existing team. All are highly experienced and respected researchers who will further enhance the journal's standing. So if you have an excellent paper based on high quality research, you should be submitting to IJBNPA!

This is my last newsletter piece in my capacity as President. I would like to thank my colleagues on the Executive for their support over the past year. We have been successful in securing the Society's financial position and ramping up our communications and services for members. I am confident ISBNPA will continue to flourish under Deanna Hoelscher's leadership.

The Newsletter Team
David Crawford  
President, ISBNPA

ISBNPA Annual Meeting 2012 in Austin

The ISBNPA 2012 Annual meeting in Austin is now coming very close. There are lots of reasons to attend this meeting, some of which you can read below.

The Michael & Susan Dell Center for Healthy Living is excited to host the meeting. We’ve got a great opening reception planned at the Texas State History Museum with food, drinks, and Texas music and dancing provided by the Possum Posse…not to mention a provocative keynote presentation by Dr. Cheryl Perry!

We will also have symposia with new and groundbreaking information:

- The FIRST Review and Discussion of the U.S. Institute of Medicine's Accelerating Progress in Obesity Prevention
- Project GUIA and Project GOL: Obesity Prevention and Physical Activity in Latin America
- Results from the ENERGY Project
- Video Games for Diet and Physical Activity Change
- School Gardening for Sustainable Healthy Living
- And many more.

Several morning and evening activities are also in the works, including a bike tour of Austin's cycling facilities with members of the City’s Cycling Liaison department and a fabulous workout on the lawn with Austin's own Tusa Fitness (no sit-ups required!).

Once you register for the conference, be on the lookout for a sign-up email for these activities.

Even if you've already registered for the meeting, it's not too late to sign up for one of the workshops (click here). We've got some great opportunities for full- and half-day workshops on Wednesday before the opening reception.

For more information on this year's meeting, including a preliminary program and help with planning your trip to Austin, please visit www.isbnpa2012.com.

Can't wait to see y'all in Austin!

Deanna Hoelscher and the 2012 Local Planning Committee

Membership news
ISBNPA's Early Investigators Network will once again sponsor a mentoring session at this year's conference in Austin. During this informal session, "Early Career Researchers" (ECR) will have the opportunity to meet and network with accomplished researchers in a small group setting.

The session will be held on Friday 25th May from 12.30pm-2.00pm.

There will be 6-8 senior investigators who will serve as mentors. Confirmed mentors so far include: David Crawford, Stuart Biddle, Charlie Foster, Alice Ammerman, Anna Timperio and Leslie Lytle.

Early Career Researchers are asked to sign up at the registration desk to meet with a specific mentor.

At the lunch the ECR will sit at a table with their chosen mentor to have lunch together and informally discuss issues such as career development, research questions, opportunities, etc.

Jenny Veitch
Kim Gans
Membership Committee

Advocacy committee

The Advocacy Committee is one of the important committees within ISBNPA. The aims of this committee are to:

1. Use our research findings to advocate for health-promoting policies regarding behavioral nutrition and physical activity
2. Advocate for favorable funding policies for future research regarding behavioral nutrition and physical activity
3. Train members to become more effective advocates regarding behavioral nutrition and physical activity

The committee is looking for new members, to help in achieving its important tasks and aims.

The Advocacy Committee will be meeting at the ISBNPA conference in Austin. If you have time to work on the committee and a passion for advocacy and policy work, please attend the Advocacy meeting in Austin or contact Leslie Lytle.

Leslie Lyle
Chair of the Advocacy Committee

Special Interest Group (SIG) on socioeconomic inequalities in nutrition, physical activity and sedentary behaviors

The ISBNPA's first special interest group (SIG) on socioeconomic inequalities in nutrition, physical activity and sedentary behaviour was established this year and now has 57 members. SIG convenors, Kylie Ball and Frank van Lenthe, recently circulated to members the first communication, including a 'knowledge update' of recent events, media and publications in the area of socioeconomic inequalities in nutrition, physical activity and sedentary behaviours. We aim to circulate four such communications each year, and to add to these other pieces of interest, such as commentaries from members on recent happenings relevant to research on socioeconomic inequalities.
We welcome members’ contributions to these communications, so if you have a recent paper published in the area, or are aware of any other papers that may be of interest, OR if you’d like to contribute a brief commentary about any aspect of socioeconomic inequalities research, please contact us! We would also welcome contributions from members who may like to profile their own or their team’s research in this area.

Similarly if you have any feedback about the communications we’d love to hear it. We are looking into options for facilitating SIG communications amongst members, such as a Facebook or other online site or an email list. We will also undertake a member survey shortly to gauge your ideas for other activities that might help to foster an active, vibrant SIG. We look forward to hearing from members and will be in touch!

*Kylie Ball and Frank van Lenthe,*
SIG conveners

**Meet your neighbor**

In this newsletter you can read more about the group that is organizing the ISBNPA 2012 conference.

*What is the name of your group?*
Michael & Susan Dell Center for Healthy Living

*Where are you located?*
Austin, Texas, United States of America
The University of Texas School of Public Health, Austin Regional Campus

What is something interesting or unusual about your City/Town? Besides being the Live Music Capital of the World®, nature and the outdoors are a big part of Austin's culture. Austin has miles of hike and bike trails in and around downtown, more than 200 parks and around 300 days of sunshine each year. Lady Bird Lake runs through the heart of downtown and offers activities from "Stand Up Paddle Boarding" to twilight bat tours by kayak - oh, did we forget to mention that the Congress Street Bridge is home to the world's largest urban bat colony?

Who are the members of your group (name, degree(s), research focus)?

- Executive Committee
  - Deanna M. Hoelscher, PhD, RD, LD, CNS - Director & John P. McGovem Professor of Health Promotion; Research Interests - Child and adolescent nutrition, school-based health promotion programs, dietary and physical activity assessment methodology, evaluation of child obesity policies, and dissemination of school health programs
  - Steven H. Kelder, MPH, PhD - Co-Director & Beth Toby Grossman Distinguished Professor in Spirituality and Healing; Research Interests - Epidemiology of child & adolescent health, design & evaluation of school health promotion programs, particular emphasis on obesity, diet, physical activity, & substance use.
  - Cheryl L. Perry, PhD - Professor & Regional Dean, Rockwell Distinguished Chair in Society and Health; Research Interests - Design, development, implementation & evaluation of health promotion programs for children & adolescents; smoking and alcohol use prevention, healthy eating & physical activity; school-based, peer, family, & community programs.
  - Guy S. Parcel, PhD - Professor in Health Promotion & M. David Low Chair in Public Health; Research Interests - Develop & evaluate effective school-based health-promotion programs for children & youth.
  - Harold W. (Bill) Kohl, III, PhD - Professor of Epidemiology and Kinesiology; Research Interests - Epidemiology of physical activity, development of physical activity national guidelines; physical activity for chronic disease prevention.

- Faculty
  - Dennis Andrulis, PhD, MPH - Associate Professor; Cristina S. Barroso, DrPH - Assistant Professor; Henry S. Brown II, PhD - Associate Professor; R. Sue (Susie) Day, PhD - Associate Professor; Alexandra Evans, PhD - Associate Professor; Kelley Pettee-Gabriel, PhD - Associate Professor; Jennifer Nettleton, PhD - Assistant Professor; Donna Nichols, MSEd, CHES - Community Health Specialist; Adriana Perez, PhD - Associate Professor, Biostatistics; Nalini Ranjit, PhD - Assistant Professor; Robert Roberts, PhD - Professor; Shreela V. Sharma, PhD - Assistant Professor; Jennifer Shaw, DrPH - Assistant Professor; Andrew Springer, DrPH - Assistant Professor; Melissa H. Stigler, PhD - Assistant Professor; Elizabeth Vandewater, PhD - Associate Professor; Anna Wilkinson, PhD - Associate Professor
  - Post-doctorate - Abiodun Oluyomi, PhD; Courtney Byrd-
Tell us about the research conducted by your group.
Our work fosters improved health behaviors among youth, influences policy and environmental change to support healthy living, and advances professional education and community service. Our vision is healthy children in a healthy world, with a mission to serve as the state, national, and international leader in the promotion of healthy living for children and their families. We seek to achieve this through prevention and control of childhood obesity through healthy eating and physical activity, promotion of healthy living behaviors, evaluation of policy and environmental change, and professional education and community service. We collaborate with community partners, policymakers, and other institutions to achieve our goals.

Some of our key research projects:
CATCH (Coordinated Approach to Child Health) is an evidence-based coordinated school health program designed to promote physical activity and healthy food choices to kids: http://www.catchtexasmiddleschool.org; https://sph.uth.tmc.edu/catch.

The School Physical Activity and Nutrition (SPAN) study supplements CATCH evidence by obtaining state level overweight and obesity data of school-aged children in Texas, enabling researchers to identify and track trends in childhood obesity: https://sph.uth.tmc.edu/research/centers/dell/span-school-physical-activity-and-nutrition

Texas Grow! Eat! Go! will build on the coordinated school health program requirements for public schools with two Texas AgriLife Extension programs: the school-based Junior Master Gardener program, and Walk Across Texas, a fun, physical activity program available for schools. It is a collaborative effort between the Center, Texas A&M School of Rural Public Health, and Texas AgriLife Extension Services.

The T-COPPE Project (Texas Childhood Obesity Prevention Policy Evaluation) will study the health impact of two recent policies: the Safe Routes to School program administered by the Texas Department of Transportation and an important rule revision to the federal food allocation package administered by the Texas Women, Infants and Children nutrition program of the Texas Department of State Health Services. http://orin.tamu.edu/research/t_coppe/index.php

Texas CORD (Childhood Obesity Research Demonstration), is a new demonstration project designed to develop, implement and evaluate an integrated, systems-oriented approach to obesity prevention and weight management for underserved, ethnically diverse children ages 2-12. Taking place in Austin and Houston, it includes collaborators from the Center, the USDA/ARS Children's Nutrition Research Center at Baylor College of Medicine, Texas Children's Hospital, the Texas Center for the Prevention and Treatment of Childhood Obesity at Dell Children's Medical Center, Texas Department of State Health Services, Duke University, University of Nebraska Medical Center, the YMCA, and the Sustainable Foods Center.

For more about our research and other projects, visit www.msdcenter.org.

**What are some representative publications by your group that may be of special interest to ISBNPA's members?**


Come and see us at Austin on the ISBNPA meeting!

**Special Issue of the IJBNPA**

A special series of articles on self-determination theory (SDT) and Motivational Interviewing (MI) has recently been published in the IJBNPA. This series of 9 papers follows a focused scientific (satellite) meeting held in Sintra immediately after the 2009 ISBNPA meeting in Cascais, Portugal. It covers the interface of SDT and MI in relation to health, eating behavior, physical activity, and obesity, from both theoretical and applied perspectives.

The series, which was coordinated by Pedro Teixeira, also includes two commentaries by Edward Deci and Richard Ryan, and William...
Miller and Stephen Rollnick, the founding fathers of SDT and MI, respectively. The articles can be accessed here http://www.ijbnpa.org/series/Self_deter.

Pedro J. Teixeira

From our members

Call for participation!
PPIA 2012 Positive Health Promotion Forum

A forum to discuss the emerging area of research/applications at the intersection of Positive Psychology and Health Promotion, The PPIA 2012 Positive Health Promotion Forum, will be held in Houston, Texas USA on Sunday, May 27, 2012, immediately after the 2012 ISBNPA conference in Austin, Texas, USA. This forum intends to bring together researchers, practitioners, and administrators from both health research/health promotion/health education, and positive psychology/other behavioral sciences (all broadly defined) to exchange knowledge and expertise in order to explore this exciting interdisciplinary area: Positive Health Promotion. Please refer to our website for detailed information.

For interested attendees of ISBNPA 2012: We will organize transportation from Austin to Houston on May 26 after closing of ISBNPA 2012, and return back to Austin on Monday, May 28. We look forward to seeing you in Houston, bringing fresh ideas from the Austin conference into the forum discussions!

For all responding to this: Abstract may be sent to phpforum@PPIAHouston.org if you intend to present, or you may register without presenting as instructed on the website. Please do not hesitate to contact us at phpforum@PPIAHouston.org, or jxu1@PPIAHouston.org, should you have any question.

Warm Regards,

Jingping Xu, PhD, MPH
Chair of Organizing Committee, PPIA 2012 Positive Health Promotion Forum
President and Board Director of Positive Psychology In Action, Inc. (PPIA, Non Profit).
www.ppiahouston.org

Latest articles @ IJBNPA


The Newsletter Team

Anke Oenema, ISBNPA Secretary
Maastricht University, Department of Health Promotion
Email: a.oenema@maastrichtuniversity.nl

Pam Rolfes, ISBNPA Office
300 33rd Ave. S., Suite 101
Waite Park, MN 56387
Email: pam@togpartners.com
Phone: 320-224-0154

Debby Thompson, Meet your neighbor coordinator
Baylor College of Medicine
Email: dit@bcm.tmc.edu

António Palmeira, Newsletter Coordinator
Universidade Lusófona Humanidades e Tecnologias (Portugal)
Email: antonio.palmeira@ulusofona.pt

Forward this email

This email was sent to deanna.m.hoelscher@uth.tmc.edu by antonio.palmeira@ulusofona.pt | Update Profile/Email Address | Instant removal with SafeUnsubscribe™ | Privacy Policy.