Dear Deanna,

Spring is full of novelties and life. So is ISBNPA! We have exciting news about the conference and its satellite meetings. There are record breaking numbers for presentations and participants, so you should hurry to get your place at these great events.

ISBNPA is investing in its presence on the social networks. Join us in our Facebook page and follow our twitter account (see sidebar), to get the latest news about ISBNPA.

We are asking for everybody to participate actively in ISBNPA, so feel free to submit to us your ideas and thoughts (see the president message).

Read on to find out more about the ISBNPA.

The Newsletter Team

Message from the President

Howdy!

We are now well into 2013 and the ISBNPA Annual Meeting is rapidly approaching. There has been a fantastic response to our meeting, in both submissions and registrations. We look forward to seeing all of you in Ghent in a few weeks!

One of my goals during the past year has been to revise our Strategic Priorities, which were developed in 2008. What can we do to strengthen our organization? Which Society benefits are most helpful to our members? What threats and opportunities do we face as a Society? How can we continue to advance the science of behavioral nutrition and physical activity? The Executive Committee will be considering these questions and more, as we move forward this year. It is also important to hear from our members as we revise the Strategic Priorities. We welcome your comments! Please send your suggestions to me via email at Deanna.M.Hoelscher@uth.tmc.edu.

This has been a year of new directions on several fronts. Our Secretary, Anke Oenema, has recently resigned from her position on the ISBNPA Executive Committee. We would like to thank Anke for her hard work on behalf of the Society for many years. She has been an integral part of our leadership team, and we wish her the best of luck in her future endeavors.

On a related note, our elections for new Executive Committee members will soon be underway, and we will be selecting candidates for president-elect, treasurer, secretary (to complete Anke's term), and member-at-large. Be sure to make your voice heard and vote. The future of our organization depends on your involvement.
Promoting healthy eating and activity worldwide,

*Deanna Hoelscher*
ISBNPA President, 2012-2013

**ISBNPA Annual Meeting 2013 in Ghent**

*Dear colleagues*

Preparations for the meeting in Ghent are going well. We received a record breaking number of 578 free paper and 150 late breaking submissions, which enabled us to compile a great programme, with 7 parallel sessions, including short and long oral presentations, symposia and debates, next to our interesting keynotes and invited lectures.

The day after closure of the early bird registrations, we already had 673 registrations. If you're not registered yet, make sure you do, as we might have to close our registration earlier due to exceeding the venue capacity.

We also invite you to our social program. The conference dinner will take place in the stunning medieval Castle of the counts, an opportunity not to be missed! And of course we hope that you will join us for some physical activity. On Wednesday we organise a canoe and a walking tour in Ghent and on Thursday and Friday we have morning activity sessions: a short or long run, swimming in an Art Deco pool and an outdoor yoga session.

We hope to see you in May!

*Greet Cardon*

www.isbnpa2013.org

**Early Career Researchers - Mentor Lunch:**

ISBNPA's membership committee will once again sponsor a mentoring session at this year's meeting in Ghent. During this informal session, "Early Career Researchers" will have the opportunity to meet and network with accomplished researchers in a small group setting to discuss issues such as career development, research questions, opportunities, etc.

The session will be held on Thursday 23rd May from 12.40pm-1.30pm. Early Career Researchers are asked to sign up at the registration desk at the meeting to meet with a specific mentor.

**Early Career Researchers - Workshop:**

This workshop will be held in Ghent on Wednesday 22 May from 9am - 4pm. It will involve a series of sessions from highly regarded international researchers including Prof Kylie Ball, Prof Jo Salmon, Assoc Prof Simon Marshall, Prof John Reilly, Assoc Prof Mai Chin-A-
Paw, Prof Ilse de Bourdeaudhuij, Prof Stuart Biddle, Assoc Prof Catrine Tudor-Locke, Assoc Prof Mette Rasmussen and Prof Dianne Neumark-Sztainer.

This workshop will include a variety of lecture style sessions and small group discussions that will provide opportunities for early career researchers to interact with each other and ask questions of presenters. Sessions will cover the following topics:

- Current gaps in the field and potential opportunities
- Career planning and progression
- Mentoring, collaboration, networking
- Time management
- Building your own niche area
- Grant writing skills

Places limited to 35. Please sign up at: http://www.isbnpa2013.org/workshops.html

Jenny Veitch

ISBNPA Pre-Conference Satellite in Amsterdam

Dear ISBNPA visitors,

What?
I am happy to invite you to our unique ISBNPA pre-conference satellite in Amsterdam!

When?
May 20-21, 2013

Where?
The Lloyd Hotel, a monumental building in the heart of the Eastern Docklands area in Amsterdam
http://ch-cr.org/index.php?c=17

What?
Theme of the satellite is research methodology on child and youth health promotion focussing on behavioural nutrition, physical activity and sedentary behaviour.
Intervention development - Implementation research - Accelerometry - iPod based measurements - Participatory Action Research.
Plenary lectures - Practical sessions - Informal meetings - Physical activity breaks.

Why?
Join us to explore practice and policy perspectives and considerations inherent to the uptake and implementation of interventions; find out when and how to conduct a mediation or moderation analysis; learn how to set up a qualitative study or the value of inviting children as co-researchers in the research process, or delve into methods for conducting economic evaluations alongside child health behaviour change interventions.

Who?
If you are a PhD-student, post-doc or senior researcher and interested in research methodology, meeting experts and exchanging knowledge you are very welcome to join us.

Website?
http://ch-cr.org/index.php?c=17
We hope to see you in Amsterdam!

Mai Chin A Paw  
EMGO Institute for Health and Care Research,  
VU University Medical Center.  
CHCR-ISBNPA2013@vumc.nl.

ISBNPA Post-Conference Satellite in Cambridge

We are delighted to invite you to join us in Cambridge for the ISBNPA Post-Conference Satellite from Sunday 26 to Tuesday 28 May 2013.

Entitled "More than the sum of the parts? Integration of individual and environmental approaches to changing population-level physical activity behaviour", the event will provide a chance to discuss and learn more about the design and evaluation of interventions that combine environmental and individual perspectives on behaviour change. It's also an opportunity to explore the beautiful city of Cambridge, which has the highest prevalence of cycling in the UK!

Registration will close shortly because we have only a few places left.

Senior, post-doctoral and PhD researchers within and beyond ISBNPA are all welcome. To ensure effective participation, places are limited to 50 in total, including 20 early-bird discounts for PhD students. For full details of the programme and to register, please visit www.cedar.iph.cam.ac.uk/isbnpa2013

Dr David Ogilvie,  
Chair of the organising committee,  
ISBNPA Post-Conference Satellite 2013
Further information

The Satellite will include talks from a number of leading researchers in this field from around the world:

- Susan Michie, University College London
- Billie Giles-Corti, University of Melbourne
- Susi Kriemler, University of Basel
- Nanette Mutrie, University of Edinburgh
- David Ogilvie, MRC Epidemiology Unit Cambridge
- Shannon Sahlqvist, Deakin University.

Through a mixture of plenary presentations, case studies and interactive sessions, the Satellite will provide an opportunity to contribute to and learn from discussion of a range of issues including:

- the current state of the evidence for individual-level and environmental interventions
- how the environment affects responses to individual-level interventions
- case studies of combined approaches in various stages of development
- methodological challenges.

Job and Academic Opportunities

Exercise and Health Sciences at the University of Massachusetts-Boston, GRADUATE PROGRAMS ANNOUNCEMENT

The Department of Exercise and Health Sciences at the University of Massachusetts Boston is pleased to announce the launch of its new master's of science (MS) and doctor of philosophy (PhD) programs in exercise and health sciences. These programs provide comprehensive training in kinesiology and a broad range of physical activity, dietary and lifestyle factors vital for health promotion. With its focus on the health of culturally diverse and urban populations, the MS and PhD programs join only a handful of universities nationwide to offer programs of this nature.

The MS program is a flexible research-based program that provides three paths to degree completion: (1) a research thesis option for students who intend to pursue further academic or scientific study in the field; (2) a supervised field project option for students who wish to develop and strengthen their project management and leadership skills; and (3) a comprehensive examination option for students who want to obtain the academic credentials necessary for future professional
growth.

The PhD program is a rigorous research program with core coursework in research methods, biostatistics, and measurement and evaluation. The primary area of research for each student will be highly individualized but aligned with the research of their chosen faculty advisor in the department.

The MS program is currently accepting students for the fall 2013 semester. The PhD program will admit its first class of students to begin in fall 2014. Further information about these programs may be found on the Exercise and Health Sciences website http://www.umb.edu/academics/cnhs/exercise_and_health_sciences.

Richard K. Fleming
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Latest articles @ IJBNPA


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