What's New@ISBNPA
Volume 8, Issue 2

Dear Deanna,

Two weeks went by since the meeting in Ghent... It is time for a quick summary of what happened in that great meeting and to start looking ahead to ISBNPA' newest activities.

Read on to find out more about the ISBNPA.

The Newsletter Team

Message from the President

Dear colleague,

Although we haven't conducted a rigorous scientific evaluation, the consensus is that in Ghent was our **best gathering ever**! A friendly and collegial atmosphere, a top­level program, networking and mentoring in good doses, efficient meeting logistics, great food, and also a fair share of historical, cultural (and physical activity!) opportunities are all hallmarks of our meetings... And Ghent scored the highest marks on each one of them!

ISBNPA owes a big thank you to Greet Cardon (our President­elect), Benedicte Defc Bourdeaudhuij, and their extended team, for all the hours of dedicated (and unpaid) work they committed to organizing this great meeting. I hope that they are coming away from this meeting feeling deeply fulfilled and riding the wave of energy that this meeting has fueled for so many.

We are looking forward to seeing you again in the San Diego meeting on May 21­14, 2014! This is a good time to start thinking of symposia (call opens Sep 3) free communications (ca or workshops for 2014. The quality of our meetings is very much a function of the quality of the work that all of you bring to these gatherings and we look forward to receiving exciting original ideas.

To finish, here's a bit of fresh news: the **ISBNPA 2015 Annual Meeting will take place in the wonderful city of Edinburgh, in Scotland!** We could not be happier with this location working with Professors Nanette Mutrie and Annie Anderson, co-Chairs of the event another memorable occasion. It was not an easy decision as several other cities were which gives great confidence we will find great locations to join together again in 2016.

Warmest wishes,

Pedro Teixeira
ISBNPA President
pteixeira@fmh.utl.pt

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**Social Networks**
ISBNPA news can also be followed on the social networks

- [Facebook](#)
- [Twitter](#)
ISBNPA Annual Meeting 2013 in Ghent

A taste of Ghent's meeting (click HERE for a video)

The meeting gathered 822 registrations (290 students), setting a new record for partici-
meetings. We are also very pleased to noticed that there were participants from all ovi
Japan, Taiwan, China, Ecuador, Brazil, Nigeria and South Africa, just to name some c
were present at the conference.

Our two workshops also did very well with 137 participants, who were able to extend tl
our meeting activities in Amsterdam and Cambridge.

Abstract book and keynote presentations are available online
The abstract book and the keynote presentations for the 2013 meeting are now availal
https://secure.isbnpa.org/annual-meeting/index.cfm

Interview with Greet Cardon
We did a brief follow-up interview with Greet Cardon (before her well deserved rest)

a) What did you enjoy the most about your annual meeting?

All the friendly and positive reactions! Despite the cold weather and the sometimes overcrowded rooms, everyone was so positive and enthusiastic. It was also great to talk to several people who had never attended the ISBNPA conference before and really enjoyed the program and the atmosphere. Despite the large turnout, there was lots of interaction between young and old, between different research fields and between different sides of the world. I really enjoyed the atmosphere!

b) What’s the one piece of advice you would give for future meeting organizers?

We have to keep the meetings friendly and make sure we continue to share ideas and make research move forward. In that regard we still have to do a better job to attract people from underrepresented continents, like Asia, South America and Africa and we need everyone who attends the conference gets a great learning and networking experience.

c) Any “final words” (before you take a well-deserved break)? (maybe to thank a few people)

- Thanks to everyone for the great presentations and your kindness!
- Thanks to David Crawford, chair of the scientific committee, for all the support and “out of the box” thinking!
- Thanks to Benedicte Deforche for chairing the abstract review committee!
- Thanks to Ilse De Bourdeaudhuij and Anke Oenema, for being supportive co-chairs!
- Thanks to my entire research group for all the help!

Greet Cardon
President elect

ISBNPA 2013 Award Winners

Congratulations to all the winners and nominees!
Early Careers Prizes - Oral Presentation
Capturing changes in dietary patterns among older adults: A latent class analysis of an aging Irish cohort

Early Careers Prizes - Poster Presentation
Helen Eyles. The University of Auckland, New Zealand.
Impact of the UK voluntary sodium reduction targets on the sodium content of processed foods from 2006 to 2011: analysis of household consumer panel data.

Student Prizes - Oral Presentation
Christina Bjørk Petersen. University of Southern Denmark, Denmark.
Total sitting time and risk of coronary heart disease and all-cause mortality in a prospective cohort of Danish adults.

Student Prizes - Poster Presentation
Need-supportive physical activity counseling in older adults: The mediating role of autonomous motivation in long-term behavior change.

Thank You Former EC Members
During the Ghent meeting, the ISBPNPA acknowledged the former members of the Exe who are now leaving office.
Here is a another warm THANK YOU to each of you for the many years of service pro Society, in different capacities. You will remain a member of the ISBPNPA family!

From left to right:
Ron Iannotti - Treasurer David Crawford - Past President
Leslie Lytle - Member-at-Large
Pedro Teixeira - President
Anke Oenema
Carmen Perez-Rodrigo - Member-at-Large (not present in the photo)
ISBNPA 2013 on Twitter

This was the first ISBNPA meeting that went public on twitter. You can find the posts #ISBNPA13, or by following the ISBNPA twitter account @isnbpa.

We have selected a few tweets to illustrate the social media hype that the meeting has generated:

Stuart Biddle @stuart_biddle, 26 May
Best ISBNPA conference ever! See you in San Diego! #isbnpa13

David Crawford @Davidcrawford52, 25 May
Another great presentation by one of ISBNPA’s up & coming mid career stars at #isbn on family obesity interventions

Sarah McNaughton @McNaughtonSarah, 25 May
MT @Davidcrawford52: supermarket price intervention by @KylieBall3 shows 20% pri increases fruit & veg purchases #ISBNPA13

Kylie Ball @KylieBall3, 25 May
#isbnpa13 @KylieBall3 ’s supermarket price reduction intervention shows 20% discou veg purchases

Trina Hinkley @TrinaHinkley, 24 May
Fascinating presentation by Ruth Loos about how genes are associated with our PA. l marathon mouse! #ISBNPA13

Stephen Pont, MD @DrStephenPont, 24 May
I always learn a lot when super smart folks like @UM_SPH ’s Ken Resnicow speak! # #motivationalinterviewing

Kylie Hesketh @KylieHesketh, 23 May
Lovely to present in such beautiful venue! Great session on PA and diet in preschoole #isbnpa13

Other activities at ISBNPA 2013

Meetings from the Special Interest Groups
The ISBNPA’s first Special Interest Group (SIG), which focuses on socioeconomic i
nutrition, physical activity and sedentary behaviours, held its first face-to-face meeting 2013 conference in Ghent. The SIG currently has around 190 members, and the mee El by an enthusiastic proportion of Ghent. After a quick welcome/introduction and overview provided by SIG leaders, Kylie Ball and Frank van Lenthe, the floor was opened to all. The ensuing discussion covered a range of topics, including an overview of the kinds of members currently working, and suggestions for future initiatives that the SIG might order to achieve its aims of serving as a community and facilitator for research or inequalities in these key behaviours.

Despite the short meeting time, some great suggestions were put forward and will be shared with SIG leaders, disseminated to members, and where possible enacted over the coming months. The SIG also noted one further outcome of the SIG that came to fruition at the meeting; namely, a symposium on the development of socioeconomic inequalities in behaviours from studies, led by SIG member Nanna Lien. Perhaps most importantly, the meeting provided an opportunity for SIG members to meet one another, make contacts, and begin to discuss possibilities for future collaborations and advancing the research agenda in this important topic area.

Kylie Ball and Frank van Lenthe

Workshops
A full day workshop was held on Wednesday 22 May with 24 student and early-career researchers attending. This workshop provided participants with the opportunity to learn from ten experienced researchers on a range of topics such as building your niche area, the importance of career planning, mentoring, networking, showcasing career progression, time management and grant writing skills. The day included small group discussions where participants had to prepare and deliver an elevator speech about their research and group leaders provided feedback and suggestions. The feedback from this workshop was extremely positive with all attendees greatly appreciating the opportunity to have one-on-one interaction with senior researchers. Participants indicated that they would like the society to provide ongoing mentoring opportunities, this will be a priority for the committee over the next 12 months.

Jenny Veitch

Mentoring Lunch
On Thursday 23 May, student and early-career researchers were invited to attend a mentoring lunch. Fifty early career researchers attended and greatly appreciated the opportunity to speak with mentors in small groups about their career and issues that are important and relevant to them. The mentors were also enthusiastic about being involved in this event as they appreciate the opportunity to provide tips and impart knowledge to our new generation of researchers.

This is an important activity that is held at each annual meeting and we hope to further develop opportunities for mentoring at future meetings.

Jenny Veitch

Update from the communications committee
The Communications Committee met in Ghent to discuss progress to date and plan for the rest of 2013 and into 2014 our aim is to maximise communication for and between members. With this in mind, the priority is to fully redevelop the ISBNPA website. We are currently reviewing proposals from web developers and hope to have a redesigned website before the end of the year. In addition, we will continue to update content on Twitter and Facebook as well as provide regular newsletters and content to the exiting website (including ‘know your neighbours’ and ‘hot topics’).

Please feel free to contact the communications committee chair at anytime.

Ralph Maddison
r.maddison@nihia.auckland.ac.nz

Job and Academic Opportunities
Behavioral Nutrition and Physical Activity Group
The Behavioral Nutrition and Physical Activity Group in the USDA supported Children’s Nutrition...
Research Center (http://www.bcm.edu/cnrc) in the Department of Pediatrics of the Baylor College of Medicine, Houston, seeks to add a tenure track faculty member at any level. The successful candidate will have an established externally funded program of research in behavioral (theoretic or interventional), ecological, policy, epidemiological, pediatric, and/or economic aspects and/or physical activity in relation to obesity prevention or treatment. We seek the best candidate.

The nine existing CNRC Behavioral faculty have diverse multidisciplinary expertise in kinesiology, health promotion, epidemiology, parenting, child development, psychology, genetics, molecular and medical sciences in regard to child's activity (see specific interests at http://www.bcm.edu/cnrc/faculty/index.cfm?PMID=0). The CNRC is located in the Texas Medical Center with 48 other health related institutions providing bountiful resources and opportunities to collaborate. Rice University is just across the TMC. Faculty in the CNRC have no teaching requirements, but educational and clinical opportunities exist. Houston is a highly attractive ethnically diverse community with the cultural amenities and relatively low housing costs. BCM is an equal opportunity employer. The official announcement for this position will appear in Science, May 3, 2013.

Interested parties should send inquiries and/or submit a letter of application that details your research agenda, a full CV, and three refereed articles to Thomas.Baranowski@bcm.edu.

Post-doc position - Technical University of Lisbon

The Physical Activity Nutrition and Obesity group is looking for a new post-doctoral fellow to start this summer (or soon thereafter).

Application period: June 3-14, 2013.

Brief description:

- Duration: Six-month initial contract (starting after July 1st), with a possible 6 to 12-month extension;
- Scholarship value: 1495 Euros/month (approx. US$1950) (note: average rent in 500-750€/month per person);
- Requirements: PhD in Sports/Exercise, Nutrition, Psychology or health-related field AND previous experience in behavioral and psychosocial aspects of nutrition, physical activity;
- Job description: data analysis, research writing, and participation in research group activities at level compatible with experience after PhD and specific training;
- Selection: Position compatible with both early-career and more experienced candidates; fit between motivation/experience and research group's interests will be given priority in selection.

Further inquiries / expressions of intention should be directed to Prof. Pedro Teixeira (pteixeira@fmh.utl.pt). Administrative questions can be directed to Ms. Andreia Sousa (asousa@fmh.utl.pt).

Latest articles @ IJBNPA


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