What's New@ISBNPA
Volume 9, Issue 1

Dear Deanna,

The preparations for the San Diego meeting are running at full (but smooth) speed. Prepare yourself by readying your abstracts and your calendar for another great ISBNPA meeting.

We are also preparing a new website, and have exciting news about the Special Interest Groups so read on to find out more about the ISBNPA.

The Newsletter Team

Message from the President

Dear colleague,

Last month, the ISBNPA Executive Committee met in Lisbon for our mid-term in person meeting. I would like to share with you a few highlights from our discussions.

In planning ISBNPA’s future annual meetings, five proposals for potential host cities were received, from which a selection had to be made. Our choice was Cape Town (South Africa, June 8-11) 2016 and Victoria (Canada) for 2017. This was based on criteria such as regional attractiveness, bringing BNPA research to new regions), links to ISBNPA from the local committee, and financial considerations. We are delighted about these locations, though it was not an easy decision. We are grateful to all of our colleagues from these five potential host cities for all of the time and effort placed into developing their proposals.

We have decided to start a new ISBNPA Mentor Program. In line with our goal to provide continued support to students and early-career researchers, we are drafting a formal procedure to connect our junior colleagues with more experienced researchers from around the world, through the new ISBNPA website. Expect more on this in San Diego in just a few months.

ISBNPA is now a well-established scientific society and it’s important that all its members know the full range of topics it covers. In an effort to further define ISBNPA’s identity as a society and provide guidance to some of its activities, we are developing the ISBNPA Thematic Tracks project here, including how you can also participate!

Finally, I am glad to report that ISBNPA is actively engaging with other societies to further common research and advocacy agendas. Examples are joint symposia and annual meetings; and joining SBM in developing a Health Policy Coalition project to strengthen funding for, and increase opportunities for health behavioral research to be part of.

ISBNPA news can also be followed on the social networks

Facebook  Twitter
society. Expect more details during 2014!

On behalf of the ISBNPA's Executive Committee,

Warmest regards,

Pedro Teixeira
ISBNPA President
pteixeira@fmh.ulisboa.pt

ISBNPA Annual Meeting 2014 in San Diego

Join us in San Diego May 21-24, 2014!

REGISTRATIONS ARE OPEN, AND ON THE WAY!
You can make your registration today at the meeting website www.isbnpa2014.org. Find information about the scientific program, travel and links to make your room conference hotel - the Manchester Grand Hyatt.

SUBMIT YOUR LATE-BREAKING ABSTRACT UNTIL MARCH 7th!
We had over 700 abstracts submitted until now. Make sure you participate by submitting your late breaking abstract HERE.

SCIENTIFIC PROGRAM UPDATE
The scientific program for the ISBNPA 2014 Annual Meeting is shaping up to be a great one in nutrition, obesity and physical activity! We're excited about our line-up of keynote speakers - from the opening keynote to the closing keynote! Here's a taste of what to expect at the conference:

Wednesday, 21 May 17.30-18.45
Opening keynote
Simón Barquera
Universidad Autonoma Metropolitana, Mexico

Thursday, 22 May 8.00-9.00
Susan Michie
Evaluating behavior change interventions in terms of their component techniques  

University College London, UK

Thursday, 22 May 14.00-15.00
Changing physical activity and dietary behaviours:
Conceptual and empirical analyses of initiation and maintenance

Falko Sniehotta
Newcastle University, UK

Friday, 23 May 8.00-9.00
Behavioural Economics - Evidence for Chronic Disease Prevention

Eric Finkelstein
Duke-NUS Graduate Medical School, Singapore

Friday, 23 May 14.00-15.00
The lost generation? Combating obesity in older adults

Marjolein Visser
Department of Health Sciences, VU University Amsterdam & Department of Internal Medicine, VU Medical Center, Netherlands

Saturday, 24 May 14.15-16.00
Solution-Oriented Research to Prevent and Treat Childhood Obesity

Thomas N. Robinson
Stanford University, California: USA

Go to www.isbnpa2014.org for full information on keynote addresses.

ABOUT SAN DIEGO, CALIFORNIA, USA
Swimmers and sunlovers are drawn to the excellent surf conditions and soft beaches offer. San Diego's miles and miles of publicly owned open space and outdoor recreation and scenic beauty. The City of San Diego Park & Recreation Di three municipal golf courses. Torrey Pines, Balboa Park, and Mission Bay Golf C Center. Mission Trails Regional Parkencompasses nearly 5,800 acres of both nati recreational areas for hiking and overnight camping. San Diego is a top desir cultural offerings such as theater, dance, music, literature and art.

RESERVE YOUR ROOM AT MANCHESTER GRAND HYATT
Experience San Diego, California hotel living on a grand scale at Manchester Gran. The best of San Diego is right outside our door. Wake to the sun sparkling off San in breakfast on the boardwalk at Sally's, then head out to Seaport Village or enjoy walk through the Gaslamp Quarter or a day at San Diego Zoo, SeaWorld or Balboa F
Conference room rate:
$169.00 USD for single/double occupancy; $194.00 USD for triple occupancy; $219.00 USD for quadruple occupancy

To make hotel reservations:
Go online to https://resweb.passkey.com/go/ISBNPA14 and follow the directions to reserve your room. You will receive a confirmation email from the hotel when reservation is complete. Or you can call Central Reservations at +1-888-421-1442 and refer to the ISBNPA Annual Meeting group.

Reservations must be made by 21 April 2014 to receive conference rate.

MAKE YOUR PLANS NOW TO ATTEND THE ISBNPA 2014 ANNUAL MEETING!

ISBNPA 2014 Pre-conference Activities

GAMES FOR INCREASING PHYSICAL ACTIVITY: MECHANISMS FOR CHANGE
Houston, TX - May 19-20, 2014

Achieving the public health promise of increased physical activity from active exergames may require rethinking videogames' application of behavioral, physiological and related science's approaches to influencing behavior.

No conference has been convened to dissect how videogames, especially exergames, influence behavior. This conference will bring together videogame designers, kinesiologists, behavioral and communication scientists to analyze exergames toward developing best practices and identifying needed research for increasing physical activity. In-depth discussions will be held on what is known about how exergames influence current exergame best practices for increasing physical activity, and what additional research is needed to move this field forward. The presenters are thought leaders in this area of research.

The Conference objective is to identify best practices and research needed to generate a new generation of exergames that meaningfully increase physical activity. You can find more information about this pre-conference on this LINK.

Please join us in this important effort!

Thomas Baranowski

Membership News
WORKSHOP FOR EARLY CAREER RESEARCHERS

The Membership Committee will be holding a workshop for Early Career Researchers at the Annual Meeting in San Diego in 2014. It will be held on Wednesday 21 May prior to the commencement of the Annual Meeting. The workshop is intended to provide Early Career Researchers with an opportunity to learn from experienced researchers on a range of issues such as career planning, developing collaborations and time management.

The workshop is intended to provide Early Career Researchers with an opportunity to learn from experienced researchers on a range of topics such as career guidance, developing collaborations, networking, mentoring, time management and building your CV.

The presenters will include: Jim Sallis, Neville Owen, Jo Salmon, Mai Chin-A-P, Jacqueline Kerr, Sarah McNaughton and Mette Rasmussen.

The workshop will include small group discussions that will provide opportunities for early career researchers to interact with each other and ask questions of presenters. We conducted similar sessions in Austin, 2012 and Ghent, 2013 and they both received excellent feedback from participants.

The number of attendees for this workshop will be limited, so make sure you plan in advance to attend!

Mentor Program
The membership committee is planning to establish a mentor program for their members to help establish mentor relationships. Further details will be available shortly, so keep this in mind.

Jenny Veitch

Special Interest Groups - SIGs

Dear ISBNPA members,

Since our last newsletter a lot has happened in ISBNPA Special Interest Groups. We have one to three SIGs, and we are thrilled to tell you all about them.

MESSAGE FROM THE SIG SUBCOMMITTEE

The annual conference of ISBNPA is just around the corner. Another opportunity to get together with our local and international colleagues who are engaging in similar research to our own. We will get to hear the latest research and promote the science of behavior change.
presentations and discuss shared research interests in the hallway or over dinner. This year we have yet another venue for sharing ideas, exploring potential collaborations, and that may or may not be quite finished. At the Executive Committee, we have greatly expand upon the Special Interest Groups (SIGs) at ISBNPA. This year we have a special time slot reserved for these groups. Our aim is to increase the number of SIGs over the next few years in order to best meet the needs of our member enhancing opportunities for sharing ideas, collaboration across countries, lead within ISBNPA, and reaching out to make a difference.

You may be wondering about the value of SIGs. These groups provide a less formal venue for sharing research than the formal presentations at our meetings. ISBNPA members and others attending the conference can get together to discuss their current research, brainstorm ideas for future research, think about collaborative projects, explore ideas for visiting different centers, position papers together, and offer a place for new or more seasoned investigator research or thoughts on behavioral change theory.

So how can you get involved? Here are three ways...

1. **Attend and/or get involved in an existing SIG.**

This year at our annual meeting, three SIGs will be running and you are greatly encouraged to attend one of these SIGs (see the descriptions of each in this newsletter). Come to listen to the organizers to see if you can present or otherwise share your ideas at the meeting be run on Thursday from 12:45-2:00. So bring your lunch and use these meetings a meet new colleagues, learn in an informal setting, present your own ideas and involved in ISBNPA in a meaningful manner.

2. **Form your own SIG.**

Wouldn't it be great to have a setting where you could share your ideas and hear about others' ideas in an informal setting? How about developing some new collaborations with colleagues have already wanted to visit? How about planning an article for publication with colleagues? These types of collaborations are important both for the advancement of science and, let's face it, for personal advancement within academic careers. We hope to open up thr year for the next few years. Do you have an idea for a SIG? Don't hold back. Please (click here) and complete the short form (click here) and you can be on your way to meeting as a place to talk with some of your colleagues about your ideas. At one of the members of the SIG subcommittee either at the meeting or via email contact information are listed below.

3. **Become a member of the ISBNPA SIG subcommittee.**

Interested in getting more involved in ISBNPA? We would like to expand our SIG adding two new members. Let us know if you are interested.

Looking forward to seeing you all in San Diego! From the ISBNPA SIG Subcommittee

Dianne Neumark-Sztainer (Chair), neumark@epi.umn.edu
Jenny Veitch, jenny.veitch@deakin.edu.au
Kylie Ball, kylie.ball@deakin.edu.au
SOCIOECONOMIC INEQUALITIES IN NUTRITION, PHYSICAL ACTIVITY AND BEHAVIOURS

The Socioeconomic SIG had a very good 2013, and we are looking forward to more in 2014! The first SIG to be established in the Society, we are now serving as a model to guide additional SIGs, and it’s great to see the first of these, with a focus on mediated interventions, come into fruition recently.

We have requested a session in the program for the 2014 San Diego meeting to face-to-face meeting of the SIG. Members who attended the first face-to-face SIG hopefully recall a brief but enthusiastic initial gathering at which some great ideas for future SIG initiatives. We look forward to following up on these in 2014. Keep an eye out for our next quarterly SIG newsletter, and our tweets (#ISBNPASIG). As always, any other ideas are always welcome.

Kylie Ball (kylie.ball@deakin.edu.au), Dianne Neumark-Sztainer and Jenny Veitch

MOTIVATIONAL DYNAMICS AND BEHAVIORAL CHANGE

A Special Interest Group (SIG) on motivational dynamics and behavioral change will ISBNPA 2014 conference in San Diego!

Key questions asked in health promotion and prevention such as "Which factors people to initiate health behavior changes?" and "What helps people sustain health long run?" have motivation at their heart. Not surprisingly then, the program of the conference in Ghent incorporated a lot of presentations on motivational dynamics affecting health behavior change. Self-determination Theory and Motivational Interviewing, among other approaches, were frequently presented. This illustrates that researchers are looking incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incre incr
A first meeting is planned during the conference on Thursday May 23 from 3:45 - 4:30.

Steering committee of the SIG: Leen Haerens, Maarten Vansteenkiste, Nathalie Aelterman, Lynn Van den Bergh, Jennifer La Guardia, Marlene Silva, Victoria Warburton, Simon Sebire, Victoria Warb

POPBULATION-BASED INTERVENTIONS

There is a need for population-based interventions (print, phone, Internet, mass-media) that can effectively improve dietary, sedentary and physical activity behaviors in large numbers of people at an acceptable cost. While great improvements have been made in this area of research to be done to improve the (long-term) effectiveness and reach of these interventions. Hence, the Special Interest Group is to build a community of interested ISBNPA members to advance the science of population-based interventions specifically related to physical activity, dietary and sedentary behaviors.

The SIG will provide a forum to discuss new evidence, underlying mechanisms and components of population-based interventions that may lead to enhanced inter. Researchers in this SIG will be able to disseminate information and provide support will be done through e-mail updates or newsletters, an online forum and meet ISBNPA conference.

Please contact Corneel Vandelanotte (c.vandelanotte@cqu.edu.au) if you are interested in joining this SIG and/or are interested in taking on a specific task or role within this new group. Governing structure, and leadership roles will be discussed at an open meeting conference in San Diego.

Don't hesitate to contact Corneel if you have questions or suggestions for this SIG.

Corneel Vandelanotte

Other Meetings and News

5th International Course in Nutritional Epidemiology

This advanced and interactive course aims to give you a solid grounding in the knowledge and skills that are required to work as a nutritional epidemiologist. Participants are expected to have postgraduate level experience in epidemiology.

Contact:
Nikki Whitelock
nutrition-epi-course@imperial.ac.uk

Update from the Communications Committee

Our aim is to maximise communication for and between members.

We are now working in a fully redevelop the ISBNPA website and hope to have it ready by the annual meeting.

In addition, we will continue to update content on Twitter, Facebook and Flickr and provide regular newsletters and content to the existing website (including 'know your neighbours' and 'hot topics').

Please feel free to contact the communications committee chair at anytime.

Ralph Maddison
r.maddison@nihi.auckland.ac.nz


The Newsletter Team

Ralph Maddison, Secretary and Communications Committee Chair
National Institute for Health Innovation, University of Auckland, New Zealand
Email: r.maddison@nihi.auckland.ac.nz

Pam Rolfes, ISBNPA Office
300 33rd Ave. S., Suite 101, Waite Park, MN 56387
Email: pam@togpartners.com

António Palmeira, Newsletter Coordinator
Universidade Lusófona Humanidades e Tecnologias, Portugal
Email: antonio.palmeira@ulusofona.pt

Forward this email