What's New@ISBNPA

Volume 9, Issue 2

Dear Deanna,

The Annual Meeting is ready for you! Prepare you presentations and read the final pro to see what you will want to attend.

We have exciting news about the Special Interest Groups - SIGs and about the new we presented at the meeting, so read on to find out more about the ISBNPA.

The Newsletter Team

ISBNPA Annual Meeting 2014 in San Diego

JOIN US IN SAN DIEGO MAY 21-24, 2014!

Plans for a great Annual Meeting in San Diego are underway! Registration is now at over 700 attendees, and we have an exciting program taking keynotes, 42 symposia, 35 oral sessions, 2 Early Career invited lectures, 2 Doctoral Student invited lectures, and over 580 posters!

The Scientific Program is finalized and you can find it HERE. We will have a pro that will help you better plan your conference day. This year we will have a printed not have printed abstracts as part of our effort to be more environmentally frie There will be a limited number of computers and printers if you need hard copies of you will have access to electronic copies of the abstracts and program as well.

HAVE YOU RESERVED YOUR HOTEL ROOM? NEW EXTENDED DEADLINE IS
We've reserved a block of rooms for ISBNPA 2014 participants at the Embassy Suites, which is across the street from the Manchester Grand Hyatt (the conference venue). To reserve online, follow this link:

To reserve by phone, call 1-800-EMBASSY (1-800-362-2799).

DO YOU WANT TO SHARE A ROOM TO SPLIT COSTS?

We've had a couple of inquiries about whether there are other students/participants that would like to share a room. If you're interested in exploring this option, contact Pam Rolfes. We will connect people that are interested, but you are responsible for making your own reservations and split the costs.

DON'T FORGET TO ATTEND THESE MEETINGS AT ISBNPA:

- Annual Meeting of the Members, Friday, May 23 at 12:30.
- Special Interest Group meetings, Thursday, May 22 from 12:45 to 14:00
  - Motivational Dynamics and Behavior Change
  - Population-based Interventions
  - Socioeconomic Inequalities in Nutrition, Physical Activity and Sedentary Behavior
- Lunchtime Mentoring Session, Thursday, May 22 from 13:00 to 14:00

WORKSHOPS ARE FILLING FAST AND WILL BE HELD IN WEDNESDAY, MAY 21

Click HERE for full descriptions and times of workshops.

We will have exercise sessions each morning... Watch for an email announcing these activities in the next two weeks.

Just in case the conference isn't exciting enough... San Diego is a desirable tourist destination.

- The first European to set foot here was the Portuguese explorer Juan Rodriguez Cabrillo, who sailed into San Diego Bay in 1542. Hmmmm...is that why Pedro Teixeira was so eager to have ISBNPA here?
- San Diego County produces the most avocados of any region in the U.S. Chips & guacamole, anyone?
- Feb 4, 1870 - San Diego was the first city west of the Mississippi to reserve land for an urban park, Balboa Park. San Diego was using environmental approaches to increase physical activity before it was cool!
- The world's oldest seaworthy tall sailing ship, the Star of India, calls San Diego Bay home. It has been around the world 21 times - more times than ISBNPA frequent attendees.
- The movies Anchorman and Anchorman 2 both feature San Diego (or is it San DeEEahhgo?).
- Some Like It Hot with Marilyn Monroe, was filmed at the Hotel Del Coronado and channel your inner Marilyn (or Tony Curtis or Jack Lemmon).
- The average temperature for San Diego in May is a high of 68°F (20°C) and a low of 60°F (16°C).

For more information about San Diego, see http://www.sandiego.org/.

To register and keep up-to-date on the program and other conference-related items, please visit our website at www.isbnpa2014.org.

See you in San Diego!
ISBNPA 2014 Pre-conference Activities

GAMES FOR INCREASING PHYSICAL ACTIVITY: MECHANISMS FOR CHANGE
Houston, TX - May 19-20, 2014

Achieving the public health promise of increased physical activity from active exergames may require rethinking videogames' application of behavioral, physiological sciences' approaches to influencing behavior.

No conference has been convened to dissect how videogames, especially exergames, influence behavior. This conference brings together 12 video game designers, kinesiologists, behavioral and communication scientists to analyze exergaming identifying best practices and needed research for increasing physical activity.

Four in-depth working group (WG) discussions will be held on what is known about exergames influence behavior, what are current exergame best practices for increasing physical activity, and what additional research is needed to move this field forward. The presenters and WG leaders in this area of research.

For more information go to: https://secure.isbnpa.org/index.cfm?

Come join us! Come see Houston!
Thomas Baranowski

Membership News

MENTOR LUNCH FOR STUDENTS AND EARLY CAREER RESEARCHERS

ISBNPA's membership committee is once again organizing a lunchtime mentoring session at this year's annual meeting in San Diego. During this informal session, "Early Career Investigators" will have the opportunity to meet and network with accomplished senior researchers in a small open forum for early career researchers to ask questions about career development and opportunities in behavioural physical activity/nutrition as well as to hear about successful career paths from experienced mentors. Discussions are informal and roundtable as lunch is eaten.

The session will be held on Thursday 22 May from 1.00pm-2.00pm.

This year the mentors will include: Pedro Teixeira, Hans Brug, Ilse de Bourdehuij, Jo Klepp, Catrine Tudor-Locke, Leslie Lytle, and Greet Gardon.
If you would like to participate please sign up in at the at the registration table at t! Look forward to seeing you there!

WORKSHOP FOR EARLY CAREER RESEARCHERS

The Membership Committee will be holding a workshop for Early Career Researchers Meeting in San Diego in 2014. It will be held on Wednesday 21 May prior to the Annual Meeting. The workshop is intended to provide Early Career Researchers with opportunities to learn from experienced researchers on a range of issues such as career planning, developing collaborations and time management.

The presenters will include: Jim Sallis, Neville Owen, Jo Salmon, Mai Chin-A-Pi, Jacqueline Kerr, Sarah McNaughton and Mette Rasmussen.

The number of attendees for this workshop will be limited, so make sure you plan in advance.

Jenny Veitch

Special Interest Groups - SIGs

Dear ISBNPA members,

We now have three SIGs. You should expect a lot of activities regarding the SIGs in the next few months, so stay tuned and join in.

MESSAGE FROM THE SIG SUBCOMMITTEE

This year we will have yet another venue for sharing ideas, exploring potential and presenting research that may or may not be quite finished. At the Executive Committee meeting, we made a decision to greatly expand upon the Special Interest Groups (SIGs) at ISBNPA. This year we will increase the number of SIGs and have a special time slot reserved for these groups. We aim to increase the number of SIGs over the next few years in order to best meet the needs of our members and allow for enhancing opportunities for sharing ideas, collaboration across countries, leadership development within ISBNPA, and reaching out to make a difference.

You may be wondering about the value of SIGs. These groups provide a less formal setting for sharing research than the formal presentations at our meetings. ISBNPA members attending the conference can get together to discuss their current research, brainstorm ideas for future research, think about collaborative projects, explore ideas for visiting different centers, and more.
or position papers together, and offer a place for new or more seasoned investigators to share their research or thoughts on behavioral change theory.

So how can you get involved? Here are three ways...

1. **Attend and/or get involved in an existing SIG.**

   This year at our annual meeting, three SIGs will be running and you are greatly encouraged to attend one of these SIGs:
   
   - **Socioeconomic inequalities in nutrition, physical activity and sedentary behavior**
   - **Motivational dynamics and behavioral change; and**
   - **Population-based interventions.**

   Come to listen or share your ideas at these meetings. The SIGs will be run on **Thu 2:00.** Lunch will be served just outside the meeting rooms - so bring in your lunch and make the most of these meetings as an opportunity to meet new colleagues, learn in an informal setting, present your own ideas and research, and get involved in ISBNPA in a meaningful manner.

2. **Form your own SIG.**

   Wouldn't it be great to have a setting where you could share your ideas and hear about others' ideas in an informal setting? How about developing some new collaborations with colleagues you have already wanted to visit? How about planning an article for publication with colleagues? These types of collaborations are important both for the advancement of science and, let's face it, for personal advancement within academic careers. We hope to open up three new SIGs each year for the next few years. Do you have an idea for a SIG? Don't hold back. Please [click here](click here) and complete the short form and you can be on your way. Perhaps use this year's meeting as a place to talk with some of your colleagues about your ideas. And please seek out one of the members of the SIG subcommittee either at the meeting or via email. Our information is listed below.

3. **Become a member of the ISBNPA SIG subcommittee.**

   Interested in getting more involved in ISBNPA? We would like to expand our SIG adding two new members. Let us know if you are interested.

   Looking forward to seeing you all in San Diego! From the ISBNPA SIG Subcommittee:

   Dianne Neumark-Sztainer (Chair), neumark@epi.umn.edu
   Jenny Veitch, jenny.veitch@deakin.edu.au
   Kylie Ball, kylie.ball@deakin.edu.au
SOCIOECONOMIC INEQUALITIES IN NUTRITION, PHYSICAL ACTIVITY AND BEHAVIOURS

The first SIG to be established in the Society is now serving as a model to guide additional SIGs, and it's great to see the first of these, with a focus on mediated interventions, come into fruition recently.

As usual we will have a brief but enthusiastic SIG meeting in San Diego, Thurs, June 9. Come and share your ideas for future SIG initiatives. We look forward to following up on these in 2014.

Keep an eye out for our next quarterly SIG newsletter, and our tweets (#ISBNPASIG). Other ideas are always welcome.

Kylie Ball (kylie.ball@deakin.edu.au), Dianne Neumark-Sztainer and Jenny Veitch

MOTIVATIONAL DYNAMICS AND BEHAVIORAL CHANGE

A Special Interest Group (SIG) on motivational dynamics and behavioral change will ISBNPA 2014 conference in San Diego!

Key questions asked in health promotion and prevention such as "Which factors a people to initiate health behavior changes?" and "What helps people sustain healthier long run?" have motivation at their heart. Starting from self-determination Theory, motivational interviewing, among other approaches, researchers are looking increasingly through this when designing health behavior interventions to improve nutrition and physical activity and sedentary behaviors.

At the 2014 conference a SIG will launched to create a community of ISBNPA members in exchanging and advancing knowledge on motivational dynamics in relation to behavior change. More specifically, at the first SIG meeting the purposes of the SIG will be shared, the members of the Steering committee of the SIG will be present, and a discussion on activities of interest will be held.
Are you interested in joining us? The SIG welcomes members from a range of backgrounds, practitioners, policy makers, researchers and graduates.

A first meeting is planned during the conference on Thursday May 22 at 12:45-2:00.

Steering committee of the SIG:
Heather Patrick, Jennifer La Guardia, Marlene Silva, Simon Sebire, Victoria Warburton, Maarten Vansteenkiste, Nathalie Aelterman, Lynn Van den Bergh and Pedro Teixeira

POPULATION-BASED INTERVENTIONS

There is a need for population-based interventions (print, phone, Internet, mass-media) to effectively improve dietary, sedentary and physical activity behaviors in large numbers of people at an acceptable cost. Hence, the purpose of this Special Interest Group is to build a community of interested ISBNPA members to advance the science of population-based interventions specifically related to physical activity, dietary and sedentary behaviours.

About 40 people already expressed their interest to be part of this SIG. We will meet in San Diego, scheduled for Thursday May 22, 12:45-2:00.

Leading up to this meeting Corneel would like to gather some information from you to better define what the SIG will be about and how it will work. He intentionally left the scope of this group (population-based interventions) broad and vague, but to be workable more focus will be needed.

Therefore, Corneel have created a short survey, which should take you no more than 5 minutes to complete. We would appreciate it very much if you could complete it in the next week or so going to be in San Diego.

https://www.surveymonkey.com/s/MX95SFY

Don't hesitate to contact Corneel if you have questions or suggestions for this SIG.

Corneel Vandelanotte

Other Meetings and News

Building Healthy Global Food Systems - A New Imperative for Public Health

The World Public Health Nutrition Association is organising a conference entitled "Building Healthy Global Food Systems - A New Imperative for Public Health" is to be held in Oxford, UK on 8-9 September. More information here: http://www.wphna.org/Oxford2014/

Important dates are:
Abstract Submission Deadline: 30/5/14
Registration Early Bird Deadline: 30/6/14

If you have any queries please contact: Dr Sarah Kehoe.

2nd World Congress of Clinical Lipidology

We are pleased to inform you that The 2nd World Congress of Clinical Lipidology Vienna, Austria from 5-7 December, 2014.

This extraordinary event will provide state-of-the-art educational lectures in the field of clinical lipidology, focusing on practical lipid management including difficult to treat hyperlipidemias, genetic dyslipidemias, screening, dietary and nutraceutical approaches and case studies. Major emphasis will be given to new therapeutics, diagnosis and management of high risk patients.

For further information, we invite you to visit the Congress website: www.clinical-lipido

Update from the Communications Committee
Our **aim is to maximise communication for and between members.**

The **new fully redevelop the ISBNPA website will be presented at the San Diego** website will facilitate the interactions between ISBNPA and its members, a functionalities that will allow for better networking and to keep in touch with the ISBNPA.

In addition, we will continue to update content on Twitter 🐦 (#ISBNPA14 is already several annual meeting related content), Facebook 📝 and Flickr 🌺 as well newsletters and content to the existing website (including 'know your neighbours' and 'hot topics').

Please feel free to contact the communications committee chair at anytime.

*Ralph Maddison*

**Latest Articles @ IJBNPA**


**The Newsletter Team**

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