What's New@ISBNPA
Volume 8, Issue 3

Dear Deanna,

The preparations for the San Diego meeting are running at full (but smooth) speed. Prepare yourself by readying your abstracts and your calendar for another great ISBNPA meeting.

We are also preparing a new website, and have exciting news about the Special Interest Groups - read on to find out more about the ISBNPA.

The Newsletter Team

Message from the President

Vintage ISBNPA

Dear colleague,

At its last meeting in Ghent, the ISBNPA's Executive Committee discussed what it is that makes this society unique. We called it "vintage ISBNPA". This is a good time to bring those features to our memory, with some examples of how we are currently putting into action the values and goals we stand for.

First, ISBNPA is all about the research and moving science forward and the ever increasing number of submissions to IJBNPA and also its 2012 Impact Factor - now the highest within behavior medicine journals (and ahead of most journals in sports/exercise, nutrition, and health psychology).

Second, we stated that we cherish fresh perspectives, outside views, innovative thinking; check out the San Diego keynotes below, who promise to challenge our thinking into new directions, from behavioral economics to using a 93-item taxonomy to describe BNPA interventions.

We pledged to remain independent from conflicting funding sources; we have carefully scrutinized potential sponsors for San Diego and are actively ISBNPA sponsorship policy.

We are serious about mentoring, networking, and raising the new generation just as an example, we have just drafted a new Special Interest Group formally accepted a new ISBNPA SIG (on the topic of Motivational Dynamics), and are actively seeking to support a few more this year (see more).

Finally, we decided that ISBNPA meetings will remain personal and frie large. Come see for yourself in San Diego. And after that in Edinburgh, Sc
would like to host the 2016 ISBNPA annual meeting, stay tuned and start preparing — a new call for expressions of interest will be out soon.

Pedro Teixeira
ISBNPA President
pteixeira@fmh.ulisboa.pt

ISBNPA Annual Meeting 2014 in San Diego

Join us in San Diego May 21-24, 2014!

CONFERENCE SITE OPENS!
The 2014 Annual Meeting site is now open - www.isbnpa2014.org
The site will be updated regularly with information as it becomes available. Go to links to symposia and abstract sites, along with the guidelines for submitting. You’ll program information, travel information, information about what to see while in San to reserve your room at the conference hotel - the Manchester Grand Hyatt, which is located on the San Diego harbor.

SUBMISSIONS SITE OPENS!
The abstract site will open on November 5, 2014 and will close on December 6, 2014. The link will be available on the conference website.

KEYNOTES ARE BEING PLANNED
The Scientific Advisory Committee is working on planning a stimulating scientific program. Four keynotes have been planned so far with another two still under negotiation. At the moment:

- Susan Michie, University College London, Topic: Taxonomy of Behaviour Change Techniques; Evaluating interventions
  Susan Michie leads the Health Psychology Research Group at UCL studying in relation to health: how to understand it theoretically and how to develop interventions. Her work develops methods to advance the study of behaviour change: specifying intervention content using taxonomies of behaviour change techniques (BCT Taxonomy v1), and applying theory to intervention development and to evidence synthesis. This is conducted in the domains of risky and preventive behaviours in the general population, managing illness, and professional practice and implementation.

- Marjolein Visser, VU University, Amsterdam, Topic: Aging/lifestyle determinants
  Marjolein Visser is trained as a nutritionist and epidemiologist and currently works on aging at the Department of Health Sciences of the VU University Amsterdam Department of Epidemiology and Biostatistics of the VU Medical Center...
Netherlands. She is head of the section of Nutrition and Health at the De Sciences. Her research interests are (lifestyle) determinants and consequer changes in body composition. Important research areas are sarcopena
malnutrition in old age. She is involved in (inter)national aging studies, includi Aging Study Amsterdam and the Health, Aging and Body Composition study over 170 scientific publications (H-index 59) and serves on the editorial international scientific journals.

- **Eric Finkelstein, Duke University, Topic: Health economics**
  Eric A. Finkelstein is an Associate Research Professor in the Duke Global Duke University. He is also Deputy Director and Associate Professor in the Research Program at Duke-NUS Graduate Medical School in Singapore expertise is in health economics, obesity, and cost-effectiveness analysis leader of several projects for the research benefit of public and private sector the Centers for Disease Control and Prevention. Some of these studies cons and consequences of obesity," which involved the evaluation of various programs.

- **Falko Sniehotta, Newcastle University, European Health, Psy (President), Topic: Theory of behavior change health interventions**
  Falko Sniehotta is a behavioral scientist. His research program me aims testing the theory of behavior change and interventions to change behaviors and health care. He is president of the European Health Psychology Society of Health Psychology Review, and member of the editorial boards of the Ar Medicine, Psychology & Health and the British Journal of Health Psychology.

**ABOUT SAN DIEGO, CALIFORNIA, USA**
Swimmers and sunlovers are drawn to the excellent surf conditions and soft beaches offer. San Diego's miles and miles of publicly owned open space and outdoor recreation and scenic beauty. The City of San Diego Park & Recreation Department operates three municipal golf courses. Torrey Pines, Balboa Park, and Mission Bay Golf Center. Mission Trails Regional Park encompasses nearly 5,800 acres of both natural and developed recreational areas for hiking and overnight camping. San Diego is a top desti cultural offerings such as theater, dance, music, literature and art.

**RESERVE YOUR ROOM AT MANCHESTER GRAND HYATT**
Experience San Diego, California hotel living on a grand scale at Manchester Grand Hyatt. The best of San Diego is right outside our door. Wake to the sun sparkling off San Diego's miles and miles of publicly owned open space and outdoor recreation. The City of San Diego Park & Recreation Department operates three municipal golf courses. Torrey Pines, Balboa Park, and Mission Bay Golf Center. Mission Trails Regional Park encompasses nearly 5,800 acres of both natural and developed recreational areas for hiking and overnight camping. San Diego is a top destination for arts and cultural offerings such as theater, dance, music, literature and art.

**Conference room rate:**
$169.00 USD for single/double occupancy; $194.00 USD for triple occupancy; $219.00 USD for quadruple occupancy

**To make hotel reservations:**
Go online to https://resweb.passkey.com/go/ISBNPA14 and follow the directions to reserve your room.

**Reservations must be made by 21 April 2014 to receive conference rate.**

**MAKE YOUR PLANS NOW TO ATTEND THE ISBNPA 2014 ANNUAL MEETING!**
ISBNPA 2014 Pre-conference Activities

Games for Increasing Physical Activity: Mechanisms for Change
Houston, TX - May 19-20, 2014

Achieving the public health promise of increased physical activity from active exergames may require rethinking videogames’ application of behavioral, physio science's approaches to influencing behavior.

No conference has been convened to dissect how videogames, especially exergames influence behavior. This conference will bring together videogame designers, epidemiologists, behavioral and communication scientists to analyze exergaming with an eye toward practices and identifying needed research for increasing physical activity. In-depth held on what is known about how exergames influence behavior, what are current practices for increasing physical activity, and what additional research is needed forward. The presenters are thought leaders in this area of research.

The Conference Objective is to identify best practices and research needed generation of exergames that meaningfully increase physical activity. You can find about this pre-conference on this link.

Please join us in this important effort!

Thomas Baranowski

Membership News

Workshop for Early Career Researchers
The Membership Committee will be holding a workshop for Early Career Researchers Meeting in San Diego in 2014. It will be held on Wednesday 21 May prior to the con Annual Meeting. The workshop is intended to provide Early Career Researchers with learn from experienced researchers on a range of issues such as career planning, collaborations and time management. The workshop will include small group discussions that will provide opportunities for early career researchers to interact with each other and presenters. We conducted similar sessions in Austin, 2012 and Ghent, 2013 and excellent feedback from participants. The number of attendees for this workshop make sure you plan in advance to attend!

Mentor Program
The membership committee is planning to establish a mentor program for their
establish mentor relationships. Further details will be available shortly, so keep this in mind.

Membership Renewal

Membership renewal for 2014 will soon be available. Reminder emails will be sent, or please speak to your colleagues and students about becoming a member of ISBNPA.

Jenny Veitch

Special Interest Groups - SIGs

Dear ISBNPA members,

Do you have a particular area of interest that you would like to discuss with other ISBNPA members? Interested in working with a small group around a specific area of interest? This year we are planning to expand on the number of Special Interest Groups (SIGs) at our annual meeting. The primary purpose of the SIGs is to provide forums for ISBNPA members who have a shared interest in a particular topic that is clearly within the scope of the society's mission. Guidelines for forming a SIG are summarized below and more details are provided at this link.

Any ISBNPA member or group of members may propose the formation of a SIG. An individual(s) should submit a brief paragraph describing the title and focus of the group to the SIG subcommittee chair: Dianne Neumark-Sztainer. The paragraph should provide sufficient information to allow prospective members to determine whether they want to join the group.

If the SIG subcommittee deems that the proposed SIG is both relevant to the society's mission and distinct from other SIGs, and the Executive Committee approves the SIG, an invitation to join the proposed group will be posted on the website. In order to ensure that the invitation is posted, a member of the proposed SIG should contact the ISBNPA secretariat (Pam Rolfes: email: isbnpa@togpatners.com). Other strategies for reaching members may also be utilized (e.g. newsletter).

Members interested in joining should respond directly to the member(s) proposing the SIG. When a minimum of 10 ISBNPA members have expressed an interest in joining the SIG, the organizer may schedule a meeting for the next annual ISBNPA Meeting with the help of the SIG subcommittee chair, the ISBNPA secretariat and in collaboration with the Scientific Program Committee. At the first meeting of the new SIG, there will be two primary goals: the development of an organizational structure and an acceptable description of the SIG purpose and a following year.

In summary, a SIG will be established formally when the following criteria are met:
The purpose of the new SIG does not duplicate that on an existing SIG. The SIG has been approved by the SIG subcommittee and the Executive Committee. A minimum of 10 ISBNPA members have agreed to join the SIG. The SIG has held a public, formal meeting.

For further information or questions, please contact the ISBNPA SIG subcommittee, which currently includes the following members:

Dianne Neumark-Sztainer (Chair) email: neumark@epi.umn.edu
Jenny Veitch email: jenny.veitch@deakin.edu.au
Kylie Ball email: kylie.ball@deakin.edu.au

**SIG for socioeconomic inequalities**

The SIG for socioeconomic inequalities in nutrition, physical activity and sedentary behaviours continues to circulate communications and tweets about relevant research and communication, we will begin profiling the work of some of our SIG members. Please contact SIG convenor Kylie Ball if you are happy to have your work profiled in this way.

*Kylie Ball, Dianne Neumark-Sztainer and Jenny Veitch*

**Other Meetings and News**

We are excited to invite you to the

**SenseCam and Pervasive Imaging Conference 2013**

that will take place in beautiful San Diego (California, USA) on November 18-19, 2013.

The program committee and the organization committee worked hard to ensure a high quality scientific program, several expert panels, and a spectacular keynote speaker. SenseCam 2013 will feature 9 full paper presentations, 3 short paper presentations, 7 posters, a range of expert panels, and a hands-on SenseCam workshop.

We are happy to share the technical program with you and we look forward to see you in November.

Early Registration is currently open, so we encourage you to register soon.

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**SenseCam 2013**

4th International SenseCam and Pervasive Imaging Conference
San Diego, California, USA, November 18-19 2013

Information: http://sensecam.ucsd.edu/conference.php
Program: http://sensecam.ucsd.edu/program.php
Registration: http://sensecam.ucsd.edu/registration.php

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Nadir Weibel and Cathal Gurrin, PC Co-Chairs
Jacqueline Kerr, General Chair

**'Nutrition Research Highlights' bi-monthly Newsletter**

The Institute for Health and Consumer Protection from the European Commission Centre, has established a bi-monthly newsletter with nutrition research highlights (http://ihcp.jrc.ec.europa.eu/newsletter-subscription/newsletters-subscription…)

if you wish to subscribe to this newsletter.

**Update from the Communications Committee**

Our aim is to maximise communication for and between members.

We are now working in a fully redevelop the ISBNPA website and hope to have of the year.
In addition, we will continue to update content on Twitter, Facebook, and Flickr (including photos from the 2013 ISBNPA meeting) as well as provide regular newsletters and provide regular newsletters and content to the existing website (including 'know your neighbours' and 'hot topics').

Please feel free to contact the communications committee chair at anytime.

Ralph Maddison  
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Latest Articles @ IJBNPA


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