Abstract call & instructions for open communications/free papers:

We invite you to showcase your research and ideas at ISBNPA 2016!

We welcome submissions of abstracts for oral and poster presentations in any area of behavioral nutrition and/or physical activity research and practice, for the 2016 ISBNPA annual meeting. The conference language is English. All abstracts for the ISBNPA 2016 meeting must be submitted online at:

https://isbnpa.conference-services.net/authorlogin.asp?conferenceID=4787&language=en-uk

The call for regular abstracts is open from November 2 to November 27, 2015. Abstracts can be submitted as either paper or poster presentations. After this deadline, you can still submit your work as late-breaking abstracts (deadline is March 4, 2016) and late-breaking abstracts will only be accepted as poster presentations.

In order to give as many attendees as possible the chance to present their work at the conference, the number of submissions per presenting author is limited to two submissions in total (symposium, oral presentation or poster):

- maximum 1 free paper and 1 paper as part of a symposium (not including role as discussant and chair)
- OR
- maximum 2 free papers

We welcome a wide range of research in behavioral nutrition and physical activity. Below you can find the main thematic tracks that have been addressed by ISBNPA and examples of topics for each track. You will be asked to choose your topic(s) during submission, or suggest a new one!

A. Theory and Determinants (PA/Exercise, Sedentary Behavior, or Diet/Eating)
   - Psychological (e.g. social-cognition and motivation, self-regulation, emotional)
   - Social, cultural and economic environment (e.g. inequalities, food insecurity)
   - Familial, parenting and home environment
   - Physical and built environment, environmental policy
   - Biological (e.g. neurobiology, appetite control, metabolomics), genetic and epigenetic

B. Interventions (PA/Exercise, Sedentary Behavior, or Diet/Eating)
   - Individual and clinical (e.g. Motivational Interviewing)
   - Parenting and family-based and home-based
   - Preschool and school-based
   - Community-based
   - Environmental and natural experiments
• Worksite
• Games, virtual realities, and simulations
• Technology-mediated interventions (e.g. web, apps) and m/e-health
• Public health and policy (e.g. behavioural economics, incentives/taxes)

C. Assessment and Methodologies in Behavioral Nutrition and Physical Activity
• Intervention development and evaluation frameworks
• Research methods and measurement innovations
• Statistical innovations (e.g. EMA, MLM)

D. Physical and Mental Health
• Chronic disease (e.g. obesity, cancer)
• Well-being, quality of Life
• Mental health and eating disorders
• Healthy aging
• Cognitive function
• Academic achievement

E. Other Topics
• Research translation
• Special populations (e.g. migrants, refugees)
• Pregnancy and early motherhood, developmental origins of health and disease.
• Health professionals’ training
• Education (e.g. Physical Education)
• Ethical issues
• Global/international health

If you have any questions about the submission process or have problems entering your submission, please contact cindy.maree@uct.ac.za or executivedirector@isbnpa.org. For more information on the ISBNPA 2016 meeting, please visit the official meeting website at http://www.isbnpa2016.org.

Abstract Guidelines:
1. Complete the online form carefully. Please note that incorrectly completed forms will not be considered for review.
2. The word limit for the abstract, excluding title and author details, is 350 words. Submissions should adhere to the format detailed below (including headings) as closely as possible.
3. Selection of submissions to oral/short oral/posters will be made at the discretion of the Abstract Review Committee. Abstracts submitted for oral presentations may be assigned to poster sessions.
4. To give more attendants the chance to present their work orally, SHORT ORALS are programmed. Short oral presentations are allocated 5 minutes presentation time and 2 minutes discussion time. Allocation of the papers to long or short oral presentation will be done by the scientific committee (so no choice has to be made on submission of the abstract).
5. Please designate the corresponding author(s) after entering each author name (all authors can be designated as corresponding authors). In addition, please designate which author is presenting! ‘Presenting’ authors are those who will actually present the paper or poster at the conference and MUST attend the conference. ‘Corresponding’
authors are those who will receive email notices about the submission. If only one of the co-authors is a 'corresponding' author, that author is responsible for communicating abstract submission correspondence to the rest of the co-authors on the paper.

6. If there is an unexpected change in the presenter, please contact cindy.maree@uct.ac.za or executivedirector@isbnpa.org by April 30, 2016. IMPORTANT: If the presenting author is not registered in the conference, and full registration fee payment received by this date, the presentation will be automatically removed from the program with no further notice.

7. Before submitting, you will be given the opportunity to review all of the information you have provided.

8. You will be notified by email upon receipt of your abstract. Decisions regarding abstract acceptance will be sent to you by February 29, 2016, after completion of the review process. No information regarding acceptance will be available before that date.

9. Once submitted, your abstract will be assigned a unique tracking number. Please include this number in any correspondence with ISBNA regarding your submission.

Any requests to withdraw a submission may be made in writing no later than April 30, 2016 to cindy.maree@uct.ac.za or executivedirector@isbnpa.org.

All submissions must adhere to the format given below (including headings) as closely as possible:

Abstract:
The following information should be included in the content of the abstract.

Purpose: State the primary purpose of the study, including the main research questions or hypotheses being addressed, emphasizing what is innovative about this research.

Methods: Quantitative studies should include design, participants, measures and analyses. Qualitative studies should include a reference to the approach being adopted (e.g. discourse analysis, grounded theory) and describe the method of data generation, (e.g. interviews, transcripts of conversations, written accounts). Reviews should include details of the procedures adopted (e.g. literature search, inclusion/exclusion criteria and methods of analysis).

Results/findings: Quantitative studies should include a summary of the results, which can contain numerical data, qualitative studies should include an indication of the main results of the analysis (e.g. examples of themes, categories, responses, discourses to be reported). Reviews should include a summary of the main findings that will be discussed in the paper. This section should present specific findings, rather than suggesting that 'results will be discussed'.

Conclusions: Some discussion of the possible contribution to, or implications for, the advancement of behavioral nutrition and/or physical activity knowledge, methods or practice.

Please note: There is a 350 word limit for each individual abstract;
The abstract review committee will review abstracts according to the following criteria:

- Innovativeness
- Importance for the field
- Quality of design
- Quality of measures
- Quality of analyses
- If intervention, quality of intervention
- Overall quality of presentation

Thank you for your participation in ISBNPA 2016!